



On the Path



The Newsletter of the Southern Maryland Emmaus Community

April, 2009 Walk In the Light Volume 9 Issue 2

It's That Time Again! Are You Ready?

Can you believe it? Spring is here, and with its arrival comes certain inevitable but important seasonal rituals. So you're getting ready for that first mow of the season; readying your flowers and vegetables for planting; planning your Easter dinner, and dusting off those warm weather clothes. But don't forget that special opportunity that we in the Emmaus Community have to support the Spring walks at West River.

April 30 - May 3 the men will be on walk # 31. Happily, I am told that the pilgrim count is 20 for this one, and that the team is ready to go. May 7 - 10 will be Women's Walk # 32. The women's team also is ready. But how about you and I? Are we ready to do our part? Here's a reminder of the ways in which we can help assure a memorable walk.

Agape: Always needed and appreciated. Remember to have enough for pilgrims and team combined. You can bring it to the Combined Gathering at Calvary on April 18 or to the sponsors hour, or give it to any team member.

Letters: Team members especially are appreciative of letters in their Sunday packets. Of course, if you know one of the pilgrims, write one for him or her as well. Again bring them to the combined gathering or give to any team member.

Prayer Vigil: Remember how important this was to you, and what a powerful example of God's love it was on your walk. Use the link on page 2 to get there and sign up now.

Weekend Walk Events: Sponsors hour Thursday, 7:00 p.m., Candlelight Saturday, 8:00p.m., Closing Sunday 4:00 p.m.

So make sure to add these items to your "TO DO" list.

- The Editor

Local Gatherings

Southern Gathering

Lexington Park UMC
2nd Saturday of each month
5:00 p.m. Potluck, 6:00 p.m. Worship

Central Gathering

Calvary UMC
3rd Saturday of each month
6:00 p.m. Fellowship (bring snack)
7:00 p.m. Worship

Northern Gathering

1st Laurel UMC
4th Saturday of each month
5:00 p.m. Potluck 6:00 p.m. Worship

In addition to the monthly gatherings, plan to join as a community at Candlelight and Closing of each walk. In a month when a 4th Day Seminar is scheduled (May & November) we will have one Gathering only at Calvary UMC immediately following the Seminar.

See page 2 for specific dates and times of all gatherings.





Spring Walks - 2009 - West River

Men's Walk # 31 - April 30 - May 3

Women's Walk # 32 - May 7 - 10

Make plans to attend the community events for each walk:
Thursday - Sponsor's Hour - 7:00 p.m. Saturday - Candlelight - 8:00 p.m.
Sunday - Closing - 4:00 p.m.

This Week: 4/6/2009

Emmaus Community Stats
73 Weekends in
27 States and
3 Countries
33 Women's Weekends and
40 Men's Weekends



Sign up to pray for
our walks (and others)
online at:
www.3dayol.org

Pilgrim and Team Applications and this newsletter may be downloaded from the
web at www.somdemmaus.org
CLICK on "Document, Lists and Newsletters"

Recurring Events of the Southern Maryland Emmaus Community

Special community-wide Gathering For April, 2009



April 18, 2009
5:00 p.m. Fellowship 6:00 p.m. Potluck Dinner
7:00 p.m. Worship
Calvary United Methodist Church

4th Day Seminars

4th Day Seminars are held in the spring and in the fall following the men's and women's walks. The next seminar date is May 16, 2009, 4:00 p.m. at Calvary United Methodist Church in Waldorf. Attendance at a 4th Day Seminar is required in order to sponsor pilgrims, and highly recommended for those who wish to team.



Southern Maryland Emmaus Community Reunion & Accountability Groups

The Reunion Group Coordinator, Mary Ulrey, would like to hear about any active Groups in Southern Maryland. If you are having difficulty finding a Reunion Group, contact Mary. Experience the 4th Day feeling with your fellow Emmaus travelers.

Bethel UMC, Upper Marlboro
Co-ed - monthly first Wednesday - 6:00 p.m.

Calvary UMC, Waldorf
Men Tuesday - 7:15 p.m.
Women Saturday - 5:00 p.m. at Panera's

First UMC, Laurel
Men Saturday - 7:00 a.m.
Women Saturday - 8:30 a.m.

Good Shepherd UMC, Waldorf
Men Wednesday 6:30 p.m.
Women Monday 7:30 p.m.
Women Tuesday 7:30 p.m. (not at church
call 301-645-5370 for directions)
Women Wednesday 6:30 p.m.
Women Tuesday 8:45 a.m. (not at church
call 301-645-6414 for directions)

La Plata UMC, La Plata
Women Tuesday 1:00 p.m.

Lexington Park UMC, Lexington Park
Co-ed Tuesday 7:30 a.m. Bob Evans
Co-ed Thursday 11:30 a.m. (home setting)

Living Springs Christian Fellowship, Bowie
Co-ed Tuesday 6:00 p.m.

Naval Air Station, Patuxent River
Men Wednesdays 11:30 a.m.

Olivet UMC, Lusby
Monthly on first Monday
6:30 p.m. at Tony De May's home

Shiloh UMC, Bryans Road
Co-ed Tuesdays 6:30 p.m.

Waters Memorial UMC, St. Leonard
Pastors Tuesday 1:00 p.m.

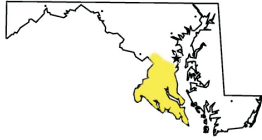
www.somdemmaus.org

Visit our website. No need to register at our new website as no personal information is maintained.
Our webmaster is Pat Knowland



On the Path

Deadline for next issue is June 1, 2009. The preferred method of submission is as an MSWord document file or a WordPerfect file sent via-e-mail to the following address: dbrennan6@verizon.net. Very short articles or notes may be sent in the body of the e-mail message. Please send your comments and recommendations as well to the editor, Dan Brennan, at the e-mail address above.



Southern Maryland Emmaus - Leadership & Service



Board of Directors

Personal information contained in this newsletter is intended for Emmaus activities only, and will not be released to other organizations for any reason.

Elizabeth Harrell <i>Comm. Lay Director</i>	410-535-9608	lunchladyesh@hotmail.com
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Donna Young <i>Registrar</i>	301-218-1257	dmy_psych@verizon.net
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Lisa Hegedus <i>Team Selection Chair</i>	301-373-8974	hegedus2@md.metrocast.net
Harland Shoemaker <i>Asst. Team Selection</i>	301-645-4856	unclegg@verizon.net
Chris Owens <i>Asst. Spiritual Director</i>	301-725-6722	pastorchris@fumcl.org
Rich Weaver <i>Music Director</i>	301-843-2194	rhythmuitar1@hotmail.com
Dale Merkle <i>Agape Coordinator</i>	301-645-6091	Rdcemer01@aol.com
Chester Willett <i>Asst. Agape Coord.</i>	301-934-3667	cwillett@khov.com
Ed Priest <i>Member At Large</i>	301-475-2077	Priest1@md.metrocast.net

On The Path

Is the newsletter of the Southern Maryland Emmaus Community. Published bi-monthly by e-mail, distributed by the Point of Contact for each participating church, and available on the Southern Maryland Emmaus website.

Southern Maryland Emmaus is affiliated with the International Emmaus Movement of The Upper Room, Nashville, Tn. Emmaus is a program offering of Upper Room Ministries of the United Methodist Church. Our purpose is to inspire, challenge, and equip church members for Christian Action.

Please contact the POC for your church as listed in this newsletter if you are not receiving the newsletter. If your church does not currently have a POC, please prayerfully consider volunteering for that role.

Prayer Coordinator

Cathy Lavoie

lavoie20602@aol.com



Southern Maryland Emmaus - Leadership & Service

Most Southern Maryland Committees are chaired by members of the Board of Directors, but service on those committees is open to all community members.

AGAPE Support	Dale Merkle	Newsletter	Dan Brennan
Child Care	Janet Goodwin	Communications*	Shelley Wilson
Community Historian	Jan Drass	Prayer Vigil Coordinator	Sara Martin
Event Coordinator	Janet Goodwin	Registrar	Donna Young
Comm. Spiritual Director	Ken Walker	Reunion Group	Mary Ulrey
Entertainment	Dan Brennan	Team Selection Coord.	Lisa Hegedus
Facility Representative	Vacant	Fourth Day Seminar	Mary Ulrey
Sponsorship	Mary Ulrey	Pilgrim Selection	Donna young/Bob Bohn
Supply	Diane Walker	Music Director	Rich Weaver
Comm. Lay Director	Elizabeth Harrell	Prayer Requests	Dan Brennan

**Communications includes e-mail, P/POC, Web, Directory and Newsletter sub committees*

Fall Walk Dates

Mens' Walk # 33
November 5 - 8 2009

Women's Walk # 34
November 12 - 15 2009

Applications now being accepted



CiSM

Chrysalis in Southern Maryland

Ages 15 to 23

The first weekend Flights for CiSM are getting close and now is the time for the entire Emmaus Community to support our new Caterpillars!

We are in need of your prayers and Agape!

Totals for per flight are
30 team and 24 Caterpillars.

The dates for the first flights are being decided. We are in need of your prayers and support.

Agape may be left at Gatherings, or given to a member of the Chrysalis Steering Committee

Thank you for your support



Southern Maryland Emmaus - Prayer Points of Contact

If your church is not listed, please volunteer to be the Prayer POC. Send your name, e-mail address, and telephone number to dbrennan6@verizon.net

Bowie UMC	Helen McProuty	hmcprouty@verizon.net	301-262-0762
Calvary UMC	Dawn Townsend	dawn5babe@gmail.com	301-843-3315
Cedar Grove UMC	Jacque Benjamin	Jacque.benjamin@gmail.com	410-257-2595
Emmanuel Baptist	Dick Fogg	upper12_4us@peoplepc.com	410-257-5015
Emmanuel UMC	Ed Plotts	ewpjr@comcast.net	410-535-2992
Dahlgren UMC	Robert Kertesz	cardinalpilot177@comast.net	301-259-2933
Clinton UMC	June Fauber	jfauber610@hotmail.com	301-292-5483
Corkran UMC			
Faith Bible Church	Wendy Headrick	wbheadrick@usa.net	301-475-3278
Faith UMC (Rockville)	Cindy Matter	cindymatter03@aol.com	301-926-7830
First UMC (Laurel)	Dave Meixner	themeixners@comcast.net	301-498-1728
Glenn Dale UMC	Kay Smith	Zincdr@aol.com	301-262-0694
Good Shepherd UMC	Linda Flanagan	waldorffangel@gmail.com	301-645-1375
Bethel UMC	Jan Holmes	Janmhol@verizon.net	410-798-8393
Indian Head UMC	Sarah Miller	sarahlundmiller@aol.com	301-743-2490
La Plata UMC	Bonnie Thompson	bonbri@comcast.net	301-934-4321
Leonardtwn Baptist Church	Wendy Headrick	wbheadrick@usa.net	301-475-3278
Living Springs	Don Richardson	dcdaddy@peoplepc.com	
Lexington Park UMC	Kathie Wright	kaatrobjas@verizon.net	301-862-4048
Marbury Baptist Church	Denise McConnell	dmconnell@earthserve.com	301-743-6995
Mt. Zion UMC	John Carns	john.carns@mantech.com	301-645-4534
New Life Wesleyan Church	Dona Batten	gsuslivs@comcast.net	301-752-3795
Olivet UMC	Bob Bohn	bkbohn@comcast.net	410-326-0645
Providence/Ft. Washington UMC	Rich Weaver	rhythmuitar1@hotmail.com	301-843-2194
St. Paul UMC (Lusby)	Everett Baker	everett_baker@verizon.net	410-326-6234
St. Paul's UMC (Leonardtwn)	Wendy Headrick	wbheadrick@usa.net	301-475-3278
Shiloh UMC	Peggy Ireland	peggy@nam.org	301-375-9678
Smithville UMC	Kathy Massaro	snjwalk93@comcast.net	410-257-1953
South Potomac Church	P.J. Pitonyak	LadyPJay@aol.com	301-579-6811
Trinty UMC	Laura Yax	lkyax@comcast.net	410-535-4665
Trinity Baptist	Karen SMith	musicladykaren@yahoo.com	301-274-2504
Waters Memorial UMC	Nancy Massie	watersumc@hotmail.com	



Hold this date- Hold this date

Please put June 13, 2009 on your calendar now! We are planning an Emmaus community-wide picnic. Time and location information will be provided soon!

Plan to bring a friend!

4th Day Seminar

May 16, 4:00 p.m. at Calvary United Methodist Church in Waldorf. Sponsors should be prepared to bring their pilgrims from walks 31, 32.. Anyone who has not attended a seminar in the past is also encouraged to come to this one. The seminar is a great place to learn about sponsorship, teaming, and other aspects of the Emmaus experience.

Use of Emmaus Distribution Lists

POCs and all Emmaus Community members are reminded that the E-mail distribution lists of Southern Maryland Emmaus members are to be used solely for official Emmaus information or prayer requests. Please do not share those lists outside of the community or use them for other purposes.

Prayer Requests

Prayer requests to be shared with the community may be sent to our Prayer Request Coordinator, Cathy Lavoie at this e-mail address: lavoie20602@aol.com. She will be responsible for distribution to the community.

Southern Maryland Emmaus Annual Election for New Board Members is Coming in June

Each year, 1/3 of the lay members of the Board of Directors have a 3-year term that ends, and new Board members are elected by the community to take their place. Interested in how that process works? Well, if you are, read on! A Nominations Committee is formed every year in the spring, made up of the outgoing board members. Their job is to prepare a list of lay community members who are willing to be considered to serve on the Board of Directors for a three year term beginning in July. New Board members elected in June 2009 will serve on the Board from July 2009- June 2012. Once the Board approves the suggested names, the Nominating Committee members call potential candidates to assure that each one asked will accept the nomination to serve.

In addition, an email notice was recently sent to all POCs alerting community members that they can submit the names of lay community members as candidates to be considered to serve on the Board of Directors by May 6. Community nominations are made in writing to the Chairperson of the Nominations Committee, Bob Bohn (bkbohn@comcast.net). The Nominating Committee then will call each community nominee to assure that they accept the nomination to serve. These names are added to the final ballot without Board approval.

The Nomination Committee will then prepare a ballot for community wide voting, with Members-at-Large nominees. The ballot is printed in the newsletter with instructions for voting. Each community member is allowed to vote once. Ballots can be completed, signed and turned in at the June gathering(s), or sent by mail to the Registrar no later than the date of the last planned June local gathering.

The Board Secretary and Registrar are responsible for tallying the board ballots. The Community Lay Director will notify the nominees with the highest number of votes who then become newly elected Board members. In addition, new Board members are announced in the July newsletter, and at all community events that month. The new Board members attend Board meetings starting in July.

- Jan Drass

Reunion Groups – So What!

What is a reunion group and why do we need them? A reunion group is a group of people dedicated to living a Christian lifestyle and willing to make themselves accountable to one another by meeting regularly and being open and honest with one another as a means of achieving that goal.

Accountability is not a popular word. Accountability is defined as “The state of being accountable; liability to be called on to render an account.

Why should we be accountable and to whom? Our American heritage stresses individualism and a “can do spirit” but what does our Christian heritage stress. Many times I have heard “it’s between me and Jesus” but does Scripture back that up? As I search the Scriptures it is evident that we are called into community – not just for worship, Sunday School and church dinners but to develop the relationships that make us willing to be accountable to one another for living a life that professes Christ in our every action.

We are already accountable in so many ways: We are accountable to our employers to be on time; to provide good service – basically to do our jobs. We are accountable to our families; to honor our parents; to care for our children; to pull our own weight at home; to pay the bills. We are accountable to our communities; to look out for the common good; to be good citizens; to follow the laws. Most importantly, we are accountable to God. To live as He lived; To love as He loved; To serve as He served. That is a tall order. Is anyone helping you to fulfill it?

Are you living as He lived, loving as He loved and serving as He served? Who asks you about it? What are your priorities? How is your piety? Are you reading the bible? How is it being played out in your life? It is so easy to get sidetracked or to walk through life with blinders on. So What? That is where accountability groups come into play. Do you participate in a reunion group? Would you be willing to start one at your church, in your home, at a coffee shop, at work? Reunion groups can be held anywhere but a good place to start is at church. If there isn’t one at your church, then start one. Reunion groups can be as small as 2 people. Use the resources available from the Emmaus Community. Are there Emmaus members at work – meet for coffee one morning a week. Meet with your Emmaus community – see where the need is and make a commitment to serve.

So What! - We are all in this together.

- Mary Ulrey

Report from the Board

Southern Maryland Emmaus to Host Booth At Annual Conference

The Board of Directors voted to approve registering for exhibit space at the Annual Conference of the Baltimore/Washington Conference which will be held in Baltimore at the Marriott Waterfront hotel, June 4 - 6. Shelley Wilson and Rich Weaver will be designing the display.

Child Care

Child care is now available for all gatherings and community events.

Wireless Mics

The Board approved the purchase of wireless microphones for use by speakers on weekend walks.



Dear Emmaus Community,

Hello, my name is Sarah Smith and I am the youth agape coordinator for Chrysalis in Southern Maryland (CISM). As our first set of weekends are approaching the agape committee is seeking help from the Emmaus community by asking for agape donations specific items we need are:

1. Caterpillar pins
2. Cocoon pins
3. Butterfly pins
4. Lanyards
5. Tissues
6. Non scented white candles
7. Trash Bags
8. Poster board or poster paper
9. Post –It- Notes pads
10. Notebook paper
11. Rubber bands
12. 3x5 Index Cards
13. Glue
14. Transparent tape
15. Masking tape

Agape can reflect the theme of the day; however general agape is always accepted and appreciated

Day One

Faith

A Day of Dying to Christ

Symbol: Caterpillar

Day Two

Hope

A Day of Rising with Christ

Symbol: Chrysalis

Day Three

Love

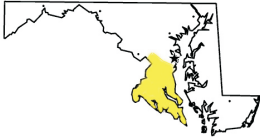
A Day of Flying with Christ

Symbol: Butterfly

All items will be collected at Gatherings and Hoots. Or Call Jane Elliott at 301-934-2786 or e-mail her at kcandjane@dishmail.net to have them picked up.

Other General Agape needed as always snacks and drinks!

We thank you for your support!!!



“Walk in the Light” - Southern Maryland Emmaus
Visit us on the web at www.somdemmaus.org

"Were not our hearts burning within us while He was speaking to us on the road, while He was explaining the Scriptures to us?"

Luke 24:32

Information on the Southern Maryland Walk to Emmaus, as well as pilgrim and team applications may be found on our website:
www.somdemmaus.org

On the Path

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Time Sensitive Material