



On the Path



The Newsletter of the Southern Maryland Emmaus Community

August, 2005 Walk In the Light Volume 5 Issue 8

Spiritual Spyware

Congratulations. You took the plunge and bought that brand spanking new computer - top of the line - with a lightening fast processor, 300 gigabytes of storage, double sided DVD burner, more memory than you can even remember, and a couple of gadgets whose names you can't even pronounce.

And what's more, you got it home, followed the color-coded instructions, connected all the cables, plugged in that high-speed cable modem, and before you knew it you were surfing the net like an old hand. But that was last week. This week the blazing speed is gone, your internet connection is crawling, your computer freezes up every 10 minutes, and it's doing things you never asked it to do. Is your machine possessed? - Well sort of. Chances are you've got spyware on that new machine of yours. Although a somewhat general term, spyware, refers to programs that, when installed on your computer, change settings, display advertising, and/or track Internet behavior and report information back to a central database. It is usually secretly installed on a users computer without the users' knowledge or consent.

The problem with spyware is that it can take control of your computer away from you. Satan's sort of like that isn't he? He's got his own brand of "spiritual spyware" with which to infect us. Just like an unscrupulous internet site, he's always putting unwanted thoughts and ideas into our heads. And if we're not careful we can find ourselves doing things we had never intended to do.

Just as with our computers, we may not even know we've got this spiritual spyware in our lives until our behavior begins to attract the attention of others.

Spyware on a computer can be hard to remove, Spiritual spyware can be equally hard to get out of our lives



The experts remind us that the best defense is a good offense. For our computers that means Norton, or McAfee, or Spybot, or Adaware. For us the solutions lie with Matthew, Mark, Luke and John, and a host of others.

Running a good anti-spyware program regularly on your computer can keep it free from unwanted influences. As Christians we have to give ourselves the same protection by reading God's word in the Bible each and every day. When our hearts and minds are fixed on God, Satan can't find that "backdoor" into our lives that he needs to take control.

We have yet another layer of protection - a firewall of sorts, if you will. It's called the Body of Christ - and it is the Christian brothers and sisters that we surround ourselves with each day. A large part of that for most of us is our relationship with the Southern Maryland Emmaus Community.

Our gatherings and walks, our small groups, our 4th day meetings - all of these help to filter out the Devil's brand of spiritual spyware.

So surf safely and live safely. Use the tools that God has given you to protect yourself.

The Editor



Fall Walks

Men's Walk # 17 - Sept. 29 - Oct. 2, 2005

Weekend Lay Director: Dan Pazdersky

Women's Walk # 18 - Nov. 3 - Nov. 6

Weekend Lay Director: Sara Martin

This Week: 8/1/05

Emmaus Community Stats
60 Weekends in
19 States and
2 Countries
22 Women's Weekends and
38 Men's Weekends



**Sign up to pray for
our walks (and others)
online at:
www.3dayol.org/Vigil/**

**Pilgrim and Team Applications and this newsletter
may be downloaded from the web at www.somdemmaus.org
CLICK on "About Us" then CLICK "Documents"**



Recurring Events of the Southern Maryland Emmaus Community

Events are held at Calvary United Methodist Church unless otherwise indicated
3235 Leonardtown Road, Waldorf, Maryland

Gatherings: 7:00 p.m. Fellowship 6:00 p.m. Next Gathering is August 20.

Gatherings are held monthly on the 3rd Saturday. The next Gathering will be August 20, 2005 at Calvary United Methodist Church in Waldorf.

Board of Directors Meeting: 3:30 p.m August 20, 2005

Board meetings are held prior to the Gathering on the 3rd Saturday of each month. The next board meeting will be August 20.

4th Day Seminars

The 4th Day Seminars are held in the spring and in the fall following the men's and women's walks. The next seminar is scheduled for Saturday, November 19, at 4:00 p.m. Attendance at a 4th Day Seminar is required in order to sponsor pilgrims, and highly recommended for those who wish to team.



Southern Maryland Emmaus Community Reunion & Accountability Groups

The Reunion Group Coordinator, Valerie Arends, would like to hear about any active Groups in Southern Maryland. If you are having difficulty finding a Reunion Group, contact Valerie Arends, varends@comcast.net. Experience the 4th Day feeling with your fellow Emmaus travelers.

Bethel UMC, Upper Marlboro
Men Wednesday - 6:00 p.m.
Women Wednesday - 6:00 p.m.

Calvary UMC, Waldorf
Men Tuesday - 7:15 p.m.
Women Thursday - 5:00 p.m. (Panera's)

First UMC, Laurel
Men Saturday - 7:00 a.m.
Women Saturday - 8:30 a.m.
Men Sunday - 12:30 p.m.
Women Sunday - 6:30 p.m.

Lexington Park UMC
Men Thursday - 12:00 p.m.
Women Thursday - 12:00 p.m.

Waters UMC, St. Leonard
Pastors Tuesday - 1:00 p.m.

Common Grounds Coffee Shop, Pr. Frederick
Men Friday - 7:30 a.m.
Women Friday - 6:15 a.m.

Lexington Park UMC, Lexington Park
Men Sunday - 6:00 p.m.
Women Sunday - 6:00 p.m.

Good Shepherd UMC, Waldorf
Women Tuesday 7:30 p.m.
Call 301-653-7570 for directions (not at church)

Southern Calvert County Region
Southern Pines Community Center Senior's Lounge
Women Saturday - 9:00 a.m.

Living Springs Christian Fellowship, Bowie
Co-ed Tuesday - 6:00 p.m.

La Plata UMC, La Plata
Women Tuesday 12:00 p.m.
Men Tuesday 1:00 p.m.

www.somdemmaus.org

Have you registered yet? You need to register in order to access the members only area of our new website. This area will have items of interest to our members, as well as profiles of all those who have registered. Let us know what you would like to see in the members area as well as the public areas of the site. Register today.



On The Path

Deadline for next issue is September 2, 2005. The preferred method of submission is as an MSWord document file or a WordPerfect file sent via e-mail to the following address: Newsletter@somdemmaus.org. Very short articles or notes may be sent in the body of the e-mail message. Please send your comments and recommendations as well to the editor, Dan Brennan, at the e-mail address above.



Southern Maryland Emmaus - Leadership & Service



Board of Directors

Personal information contained in this newsletter is intended for Emmaus activities only, and will not be released to other organizations for any reason.

Marilynne Landweer <i>Board Chair</i>	301-374-9333	mlandweer@verizon.net
Henry Rowe <i>Vice Chair</i>	301-769-4637	Roweh@charlescounty.org
Jane Beswick <i>Secretary</i>	301-934-5344	jbeswick@aaahawk.com
John Carns <i>Treasurer</i>	301-645-4534	Carns@comcast.net
Jacque Benjamin <i>Childcare/Historian</i>	410-257-2595	jfbnjzb@quixnet.net
Randy Headrick <i>Communications</i>	301-475-3278	RDHeadrick@usa.net
Ruth Dixon <i>Registrar</i>	410-326-3821	mese22@olg.com
Lynn Glassbrook <i>Spiritual Director</i>	410-414-8109	lglassbrook@earthlink.net
Charles Harrell <i>Asst. Spiritual Director</i>	301-947-4657	charles@faithworkshere.com
Roy Downs <i>Pilgrim Selection</i>	301-994-1110	Downsrw@atc-ls.stinigoes.navy.mil
Len Lent <i>Event Coordinator</i>	301-475-8207	mrlent@hotmail.com
Diane Walker <i>Agape Coordinator</i>	301-862-9280	Redruth@mindspring.com
Linda Flanagan <i>Gatherings</i>	301-645-1375	lflanagan@ccboe.com
Clark Holmes <i>Director at Large</i>	401-798-8393	Janmhol@verizon.net
Vacant <i>Music Director</i>		
Laura Yax <i>Team Selection Chair</i>	410-535-4665	lkyax@comcast.net

On The Path

Is the newsletter of the Southern Maryland Emmaus Community. Published monthly by e-mail, distributed by the Point of Contact for each participating church, and available on the Southern Maryland Emmaus website.

Southern Maryland Emmaus is affiliated with the International Emmaus Movement of The Upper Room, Nashville, Tn. Emmaus is a program offering of Upper Room Ministries of The United Methodist Church. Our purpose is to inspire, challenge, and equip church members for Christian Action.

Please contact the POC for your church as listed in this newsletter if you are not receiving the newsletter. If your church does not currently have a POC, please prayerfully consider volunteering for that role.

Contact the Editor if you need a copy sent via snail mail.

Get started on Agape!

Just two short months until our Men's Walk and it's time to start preparing or purchasing Agape. Here are some thoughts: challenge yourself to be creative – try not to duplicate something you've received or seen (because many times the same person will submit that particular item again) and reflect on the daily themes of the weekend (Friday/God, Saturday/Jesus, Sunday/Holy Spirit) and the specific talks. Additionally, consider writing "generic" notes to everyone on the weekend. Many weekends we come up short on letters for a few pilgrims and team members. As we get closer to the weekend you can obtain names on the Emmaus website. And, as always, take to heart the following Commandments:

Agape Commandments

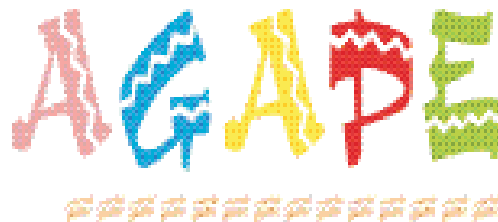
(Agape ~ sacrificial gifts of love for bed, talk table, or meal table)

- 1) Thou shall be anonymous – no signatures (only exception is personal letters).
- 2) Thou shall produce enough items for pilgrims or a total of 50 for pilgrims and team.
- 3) Thou shall put personalized items in alphabetical order and sort by team/pilgrim.



Hello! My name's Charles Harrell; I worship (and serve) at Faith United Methodist Church in Rockville, walked on Loudoun Valley Emmaus #21, and sat at the table of Joy through Patience. I am also delighted and humbled to serve as the Assistant Community Spiritual Director this year. My goals in this role are simple: to serve the Lord Jesus by being a servant for the spiritual well-being of this Emmaus community, and to be the best support I can to our Community Spiritual Director and the other leaders of Southern Maryland Emmaus.

Because of the slightly vagabondish history that Elizabeth and I have with the Walk to Emmaus, we receive information from several communities on a regular basis. Recently, we got something in the mail that



- 4) Sponsors shall supply a ***maximum*** of 12 personal letters marked for Sunday distribution. (Remaining letters will be put in 4th Day take-home packets.)
- 5) Thou shall not include gifts with Sunday's personal letters.
- 6) Thou shall insure that all agape is brought to the Weekend Agape Coordinator at the retreat center on Thursday night of the Walk.
- 7) Thou shall clearly mark bags of agape with your name and phone number if you request leftover items be returned. Leftover agape will usually be available for pickup right before closing or at the next Gathering.

Thank you, in advance, for all the expressions of love that I know you will be working on! If you have any questions, please email me at redruth@mindspring.com or call (301) 862-9280.

Diane Walker
Agape/Support Director

was a reminder to us of how much we appreciate SME, and what a precious community it is. We are grateful that SME is committed to consistency in its leadership, through the use of the national Emmaus model, as a way of modeling the kind of obedient spirit that marks disciples of Jesus Christ. We are thankful that when we sponsor a pilgrim for a walk, or get involved on a team, the board, or in some activity, we can be confident that we're doing it with folks who not only talk about Fourth Day support and accountability as people, but model it as a community.

I'm thankful for last year's leadership, and excited about this year's, and about what God is doing to touch lives and loves hearts into a deeper walk with Jesus Christ, through the Emmaus movement!

De colores --
Charles



Southern Maryland Emmaus - Leadership & Service

Most Southern Maryland Committees are chaired by members of the Board of Directors, but service on those committees is open to all community mem-

AGAPE Support	Diane Walker	Newsletter	Dan Brennan
Child Care	Jacque Benjamin	Prayer Partner Coordinator	Jan Holmes
Community Historian	Jacque Benjamin	Prayer Vigil Coordinator	Kay Priest
Event Coordinator	Len Lent	Registrar	Ruth Dixon
Comm. Spiritual Director	Lynn Glassbrook	Reunion Group	
Communications*	Randy Headrick	Supply	Dru McLaughlin
Entertainment	Vacant	Team Selection Coordinator	Laura Yax
Facility Representative	John Carns	Volunteer Coordinator	Sandy Hauenstein
Gathering Coordinator	Linda Flanagan		
Music Director	Vacant		
Comm. Lay Director	Marilynne Landweer		

**Communications includes e-mail, P/POC, Web, Directory and Newsletter sub committees*

4th Day Speakers

Becoming a new member of the Board of Directors is an awesome privilege and opportunity to serve. I thank the Community for your trust, and I pledge to serve as the Lord directs me.

One of my first tasks as a new Board member is to chair the Gatherings Committee. Stepping into the able shoes of Jane Beswick in this position is a bit formidable, but I have been blessed by Jane's efficiency: she already has 4th Day Talks planned for the next few months! (Thank you, Jane!)

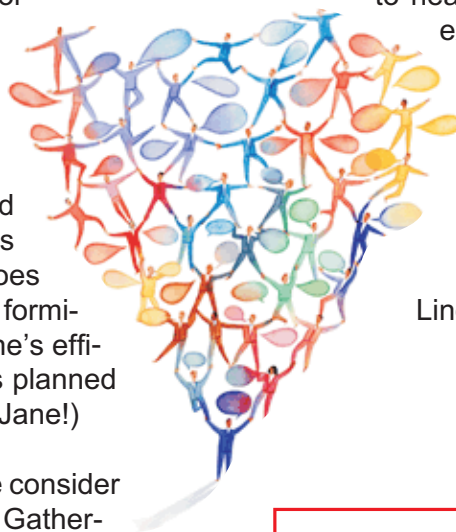
So, what I ask of you all is to please consider signing up to give a 4th Day Talk at the Gatherings in the fall. I'm about ready to do one myself, so I'll be right there with ya! When I considered all that had happened to me since my Walk and how the Lord and the Community have supported each and every step, I knew I had a story to tell. And so do YOU!

Map out the events that have happened in your life since your Walk....you'll see the pattern of God's

imprints on those events, I guarantee! We are all waiting to hear from you about those events. Your experience will encourage us, so please don't keep it to yourself.

I'll be looking for YOUR name on the signup sheet at the next Gathering!!

Linda Flanagan



**Our August Speaker is
 Alan Wilkerson
 Southern Maryland Emmaus # ??**





Southern Maryland Emmaus - Prayer Points of Contact

This is the person to contact for newsletter distribution

***If your church is not listed, please volunteer to be the Prayer POC
send your name, e-mail address and telephone to newsletter@somdemmaus.org***

Calvary UMC	Phil Landweer	Phil.landweer@verizon.net	301-374-9333
Cedar Grove UMC	Jacque Benjamin	jfbnjzb@quixnet.net	410-257-2595
Emmanuel Baptist	Dick Fogg	upper12_4us@peoplepc.com	410-257-5015
Emmanuel UMC	Lynn Glassbrook	lglassbrook@earthlink.net	410-414-8109
Christ Episcopal Church	Mary Kercher	Mkercher@aol.com	301-934-5813
Corkran Memorial UMC	Stanley Harrell	sharrell@crosslink.net	301-449-6037
Faith Bible Church	Carol Lanzi	cblanzi2@verizon.net	301-862-9521
Faith UMC (Rockville)	Cindy Matter	cindymatter03@aol.com	301-926-7830
First UMC (Laurel)	Dave Meixner	themeixners@comcast.net	301-498-1728
Good Shepherd UMC	Linda Flanagan	lflanagan@ccboe.com	301-645-1375
Bethel UMC	Jan Holmes	janmhol@verizon.net	410-798-8393
Indian Head UMC	Melvin Grover	becky.grover@c21nm.com	
Leonardtwn Baptist Church	Carol Lanzi	cblanzi2@verizon.net	301-862-9521
Living Springs	Donna Young	dmy_psych@comcast.net	
Lexington Park UMC	Sandi Hauenstein	Sandi@hauenstein.com	301-994-3363
Marbury Baptist Church	Denise McConnell	dmccconnell@earthserve.com	301-743-6995
Olivet UMC	Sue Shorb Sterling	sues@intergate.com	410-394-0773
St. Paul UMC (Lusby)	Ruth Dixon	mese22@olg.com	410-326-3821
St. Paul's UMC (Leonardtwn)	Carol Lanzi	cblanzi2@verizon.net	301-862-9521
Shiloh UMC	Ron Brown	norrebel@comcast.net	
Smithville UMC	Kathy Massaro	emkm@chesapeake.net	410-257-1953
Trinity UMC	Valerie Arends	varends@comcast.net	410-286-3335
Trinity Baptist Waldorf)	Karen Smith	musicladykaren@yahoo.com	301-274-2504
Waters Memorial UMC	Dru McLaughlin	Lf1640@chesapeake.net	410-535-4313

Please Review

Please review the list above and help us to insure that your church is properly represented by an Prayer Point of Contact. If you spot errors or omissions, please e-mail the corrections to: communications@somdemmaus.org.



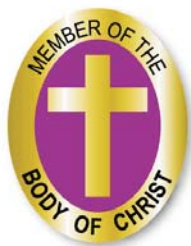
“Jabez cried out to the God of Israel, ‘Oh, that you would bless me and enlarge my territory! Let your hand be with me, and keep me from harm so that I will be free from pain.’ And God granted his request.”

I would like to introduce myself to you.

My name is Marilynne Landweer and I walked on New Mexico Walk to Emmaus #48 in 1992. I have served on the Southern Maryland Emmaus Board of Directors for one year. This past year, I served as the Vice-Chair. Some of you may remember me when I stood in for the Chairperson during his absence this past year at Gatherings or during Sponsor’s Hour or Candlelight.

At the July Board meeting, the Board elected officers for the upcoming year. I was elected to serve as our Community Lay Director and Chair of the Board. I am humbled by the opportunity to serve our community in this capacity. Additionally, I feel so very inadequate and unqualified to serve in this role. God has certainly taken me out of my comfort zone and is enlarging my territory! Like I said at the July Gathering, the beautiful thing about Emmaus is that it is the body of Christ in action. It is not about one person, but it is about the whole of the Community. It takes the entire Community to be Christ’s hands and feet to make the Emmaus weekends, Fourth Day seminars, and Gatherings happen. Consequently, we need each of **YOU** to help build our Community.

First of all, we need **YOUR** prayers. Pray for our Board that we will allow God to guide us in our decision-making as we come together each month. Pray that we put on the armor of God each and every day. Pray for God’s protection around our Community and that the Evil One will not be allowed to enter our Community and tear it apart. There is nothing more that the Adversary would like to do than to divide our community – we cannot allow that to happen and we have to stay focused on Christ.



Second, we need **YOU** to participate in Gatherings – what would happen to our Community if no one showed up at a Gathering? I know we all can’t be at every Gathering, but come and support **YOUR** Community. Remember the joy and excitement you experienced on your weekend? Gatherings are a time to rekindle that joy and excitement – it is a time to remember your weekend and how God is working in your life.

Third, we need **YOUR** support during the weekends. If you are a sponsor, please come to Sponsor’s Hour. Candlelight and Closing are both important events that also require the support of the Community. Remember how you felt when you saw all those faces during Candlelight and how wonderful it was to have the Community at Closing to support you as you ended your weekend?

Fourth, we need **YOU** to sponsor pilgrims. Please be prayerful in your sponsorship. Remember that Emmaus is about building up local church leadership. Consequently, before you are involved in Emmaus, be sure that you are involved in your local church.

We face some challenges this upcoming year. One major challenge will be moving our weekends to the Melwood Retreat Center. On one hand, this will not be easy, as the sleeping quarters and conference room will be in separate buildings and the agape team will not have a kitchen off of the conference room. We will need to make some adjustments, so please be patient while we make this transition in 2006. On the other hand, the good news is that we will have the facility to ourselves, Melwood is flexible with mealtimes, and they have heating and air conditioning in all their buildings. Please keep this transition in your prayers, especially as time draws nearer and we start making preparations for our first weekends there.

If you ever have a question or concern about our Board or Community, I ask that you bring it to my or another Board member’s attention. The Board members are listed within this newsletter.

I hope to see you at the **next Gathering on August 20th** – please come and support **YOUR** Community! And, don’t forget to bring some snacks and/or drinks for Fellowship time from 6:00 – 7:00 pm.

De Colores!
Marilynne Landweer
Community Lay Director



Board Shorts

From the Music Director

Calling all musicians! Do you play guitar? Bass? Mandolin? Banjo? Violin? Heck even a lively Kazoo would be welcome! Please come and join us at the gatherings in lifting our praises to God. All our welcome! Remember just please come ½ hour early to practice and tune up! And if you need music the Emmaus songbook can be downloaded from our website. So, Don't hide your light under a bushel! See ya the gatherings!

The Treasurer

Greetings from a new Board Member and the newly elected Treasurer. My sincere thanks to those who voted for me. Now that I've wormed my way into the Treasurer's job I should be able to make good on my promised payments to you. I know, I should leave the attempts at humor to Dan.

Another thank you to John Bohner for his years of outstanding service as Treasurer and for his guidance as I come up to speed on the job. John you've left some big shoes to fill! I'll be calling you often.

I do look forward to serving and helping Southern Maryland Emmaus prosper and grow. Feel free to contact me if you need my services or to remind me of something I should be doing.

De Colores,
John Carns

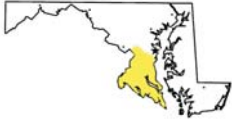
Child Care

Child care is needed for Gatherings, Candle Light, and Closings. We are looking for a group of those who have children and any interested Grandparents, etc., who would like to agape the gift of child care during Emmaus functions. We prayerfully hope to get enough volunteers that any one person would be doing this very special agape but once a year. An immediate need is for a child care person for the August 20th Gathering. We are also looking for teens who are interested in helping with child care. If you are interested or want further information, please contact jacque Benjamin at 410-257-2595 or e-mail jfbnjzb@quixnet.net. Thank you for your prayerful consideration in this important part of our community, the children.

Jacque Benjamin

And behold, two of them were going that very day to a village named Emmaus, which was about seven miles from Jerusalem. And they were talking with each other about all these things which had taken place. While they were talking and discussing, Jesus Himself approached and began traveling with them.





"Walk in the Light" - Southern Maryland Emmaus
Visit us on the web at www.somdemmaus.org

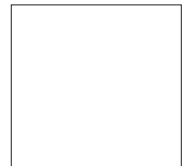
"Were not our hearts burning within us while He was speaking to us on the road, while He was explaining the Scriptures to us?"

Luke 24:32

Information on the Southern Maryland Walk to Emmaus, as well as pilgrim and team applications may be found on our website:
www.somdemmaus.org

On the Path

1005 Norfolk Dr.
La Plata, Md. 20646



Time Sensitive Material