



# On the Path



The Newsletter of the Southern Maryland Emmaus Community

August, 2006    Walk In the Light    Volume 6 Issue 4

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## First Walks At Melwood Now History

### An unofficial review offered by the Editor

While the Board of Directors, the Weekend Lay Directors, and others are working on an official evaluation of the spring walks at Melwood, I thought I would take the opportunity to share my own views of the walks. I had the opportunity to observe the walks from several different vantage points. I was an ALD on the men's walk, provided the entertainment for the women's walk, and participated in the community events during the women's weekend.

Thanks to the help of God and the Holy Spirit, I can say right up front that both walks were eminently successful in achieving the goals of an Emmaus weekend. God's power could be felt throughout the men's weekend, and it was easy for me to see during the women's closing that His power was there as well.



One conclusion that we can draw is that two main ingredients for a successful Emmaus experience are the presence of God, and the hard work of the teams. In the end, the location can make the job easier or more difficult, but is not the most important factor.

Melwood had much to offer us. We enjoyed the privacy of having the facility entirely to ourselves. The air conditioned rooms were a blessing, and the setting in the woods was tranquil and inviting.

There were, of course challenges. The water pressure was an issue at times, as was the distance to be covered from sleeping quarters to talk room, but these were managed. Agape teams worked harder than ever to cover the additional ground, but their creativity and energy overcame that obstacle.

The talk room itself proved to be smaller than we would have liked, and created challenges for movement and particularly for poster/skit presentations. Still, the teams and pilgrims worked through these obstacles and God won the day.

The dining experience was less than gourmet, but plans are already underway to address shortcomings in that area - and anyway, there's always a talk room full of edible things to fill any void in our diets.

At the end of the day, Melwood, like West River, had its pluses and minuses, and we can look forward to the Board's decisions on the location for future walks to be made with the best interests of future pilgrims as the driving force.

God, great teams, planning, and preparation made these weekends successful. God is Good!



## Fall Walks

Men's Walk # 21 - October 12-15

Women's Walk # 22 - October 19-22

Reminder: All walks in 2006 will be held at the Melwood Retreat Center

This Week: 8/1/2006

Emmaus Community Stats  
39 Weekends in  
14 States and  
2 Countries  
21 Women's Weekends and  
18 Men's Weekends



Sign up to pray for  
our walks (and others)  
online at:  
[www.3dayol.org/Vigil/](http://www.3dayol.org/Vigil/)

Pilgrim and Team Applications and this newsletter  
may be downloaded from the web at [www.somdemmaus.org](http://www.somdemmaus.org)  
CLICK on "About Us" then CLICK "Documents"



## Recurring Events of the Southern Maryland Emmaus Community

Events are held at Calvary United Methodist Church unless otherwise indicated  
3235 Leonardtown Road, Waldorf, Maryland

**Gatherings: 7:00 p.m. Fellowship 6:00 p.m. Next Gathering - August 19.**

Gatherings are held monthly on the 3rd Saturday. The next Gathering will be August 19, 2006 at Calvary United Methodist Church in Waldorf. September gathering will be at Trinity Baptist in Waldorf. See article on page 6 for directions.

**Board of Directors Meeting: 3:30 p.m August 19, 2006**

Board meetings are held prior to the Gathering on the 3rd Saturday of each month. The next board meeting will be August 19, at Calvary United Methodist Church.

### 4th Day Seminars

The 4th Day Seminars are held in the spring and in the fall following the men's and women's walks. The next seminar is scheduled for Saturday, November 18, at 4:00 p.m at Calvary UMC in Waldorf. Attendance at a 4th Day Seminar is required in order to sponsor pilgrims, and highly recommended for those who wish to team.



## Southern Maryland Emmaus Community Reunion & Accountability Groups

The Reunion Group Coordinator, Clark Holmes, would like to hear about any active Groups in Southern Maryland. If you are having difficulty finding a Reunion Group, contact Clark Holmes, [janmhol@verizon.net](mailto:janmhol@verizon.net). Experience the 4th Day feeling with your fellow Emmaus travelers.

Bethel UMC, Upper Marlboro  
Men & Women - Wednesday - 6:00 p.m.

Calvary UMC, Waldorf  
Men Tuesday - 7:15 p.m.  
Women Thursday - 5:00 p.m. (Panera's)

First UMC, Laurel  
Men Saturday - 7:00 a.m.  
Women Saturday - 8:30 a.m.

Lexington Park UMC  
Men Thursday - 12:00 p.m.  
Women Thursday - 12:00 p.m.

Waters UMC, St. Leonard  
Pastors Tuesday - 1:00 p.m.

Common Grounds Coffee Shop, Pr. Frederick  
Men Friday - 7:30 a.m.  
Women Friday - 6:15 a.m.

Lexington Park UMC, Lexington Park  
Men Thursday - 11:30 a.m.  
Women Thursday - 11:30 a.m.

Good Shepherd UMC, Waldorf  
Women Tuesday 7:30 p.m.  
Call 301-653-7570 for directions (not at church)

Southern Calvert County Region  
Southern Pines Community Center Senior's Lounge  
Women Saturday - 9:00 a.m.

Living Springs Christian Fellowship, Bowie  
Co-ed Tuesday - 6:00 p.m.

La Plata UMC, La Plata  
Women Tuesday 12:00 p.m.  
Men Tuesday 1:00 p.m.

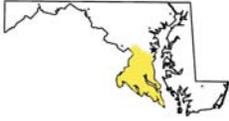
[www.somdemmaus.org](http://www.somdemmaus.org)

**Have you registered yet?** You need to register in order to access the members only area of our new website. This area will have items of interest to our members, as well as profiles of all those who have registered. Let us know what you would like to see in the members area as well as the public areas of the site. Register today.



## On The Path

**Deadline for next issue is October 1, 2006.** The preferred method of submission is as an MSWord document file or a WordPerfect file sent via e-mail to the following address: [Newsletter@somdemmaus.org](mailto:Newsletter@somdemmaus.org). Very short articles or notes may be sent in the body of the e-mail message. Please send your comments and recommendations as well to the editor, Dan Brennan, at the e-mail address above.



## Southern Maryland Emmaus - Leadership & Service



### Board of Directors

*Personal information contained in this newsletter is intended for Emmaus activities only, and will not be released to other organizations for any reason.*

Len Lent <i>Board Chair</i>	301-475-8207	mrlent@hotmail.com
Ruth Dixon <i>Vice Chair</i>	410-326-3821	mese22@olg.com
Karen Hower <i>Secretary</i>	301-934-2697	Khower@comcast.net
John Carns <i>Treasurer</i>	301-645-4534	Carns@comcast.net
Jane Beswick <i>Historian</i>	301-934-5344	jbeswick@aaahawk.com
Marilynne Landweer <i>Communications/Dir</i>	301-374-9333	Mlandweer@verizon.net
Donna Young <i>Registrar/Child Care</i>	301-218-1257	DMY_psych@verizon.net
Charles harrell <i>Spiritual Director</i>	301-947-4657	charles @faithworkshere.com
Sue Shorb-Sterling <i>Asst. Spiritual Director</i>	410-394-0773	sues@integrate.com
Roy Downs <i>Pilgrim Selection</i>	301-994-1110	roy.downs@navy.mil
Archie Verdiglione <i>Event Coordinator</i>	301-934-1511	Everdi@starpower.net
Diane Walker <i>Agape Coordinator</i>	301-862-9280	Redruth@mindspring.com
Bright Thompson <i>Gatherings</i>	301-934-4321	BonBri@comcast.net
Clark Holmes <i>Director at Large</i>	401-798-8393	Janmhol@verizon.net
Janet Goodwin <i>Music Director</i>	301-737-4070	Janet.Goodwin1@gmail.com
Linda Flanagan <i>Team Selection Chair</i>	301-645-1375	Lflanagan@ccboe.com
Alan Wilkerson <i>Sponsorship</i>	301-705-6814	Larry.A.Wilkerson.uscg.mil

### On The Path

Is the newsletter of the Southern Maryland Emmaus Community. Published monthly by e-mail, distributed by the Point of Contact for each participating church, and available on the Southern Maryland Emmaus website.

Southern Maryland Emmaus is affiliated with the International Emmaus Movement of The Upper Room, Nashville, Tn. Emmaus is a program offering of Upper Room Ministries of The United Methodist Church. Our purpose is to inspire, challenge, and equip church members for Christian Action.

Please contact the POC for your church as listed in this newsletter if you are not receiving the newsletter. If your church does not currently have a POC, please prayerfully consider volunteering for that role.



## Reunion Groups

Reunion Groups help us continue our daily pursuit of a life lived in the grace of God. They provide a means to be in touch with God’s power through contact with fellow Christians to share joys and to admit weakness while seeking guidance.

This newsletter lists weekly Reunion Groups, the day(s) of the week they meet, and where they meet. I have always thought the listing is a good idea as it gives readers information on the location of Reunion Groups.

The present listing in this newsletter may not be complete. If you would like others listed, or if corrections need to be made to those listed, please let me know. The listing in this newsletter – as well as word of mouth – can help folks find a Reunion Group in the Southern Maryland area.

Gordon Piscacek  
*Reunion Group Coordinator*  
gp18@verizon.net

## Agape for Fall Walks

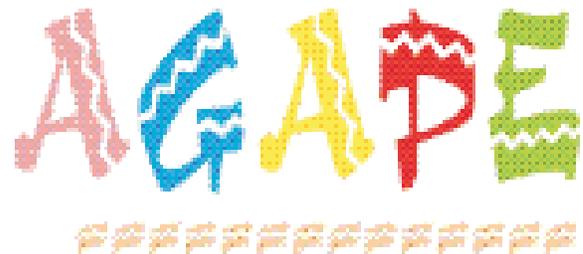
It’s not too early to be praying about how you can express sacrificial love for the pilgrims and team of Walks 21 and 22.

Will you.....

- ☉ Take the responsibilities of being a Sponsor seriously?
- ☉ Sign up to pray at any hour, day or night? ([www.3dayof.org/vigil](http://www.3dayof.org/vigil))
- ☉ Schedule a few hours off work to volunteer your time during the Walk?
- ☉ Start now and make hand-made table agape?
- ☉ Plan to write letters to all the pilgrims and/or team?
- ☉ Mark your calendar now to invite a carload of Emmaus friends to join you in attending Candlelight and Closing?
- ☉ Be part of a clean-up team?

“As you grow in your understanding of God’s sacrificial love for you, you will mature in the ways you express that sacrificial love to others. Likewise, when you make the effort, the *sacrifice*, God’s grace becomes more abundant in your life as well.

You are blessed far beyond what you have given. There is a joy in knowing that you have placed others before yourself and that through your acts of agape they may come to know God’s love for them and live



the life in grace.” *Day Four: The Pilgrim’s Continued Journey*

DeColores!  
Diane Walker  
Agape Coordinator  
[redruth@mindspring.com](mailto:redruth@mindspring.com)

A SNACK AGAPE COORDINATOR is needed for our community. This individual is responsible for communicating all snack needs to our Southern Maryland Emmaus Community prior to each Walk (via email to PPOCs) and taking care of any unused items at the conclusion of each Walk. For details or questions, contact Diane Walker at (301)862-9280 or [redruth@mindspring.com](mailto:redruth@mindspring.com).



## Southern Maryland Emmaus - Leadership & Service

*Most Southern Maryland Committees are chaired by members of the Board of Directors, but service on those committees is open to all community mem-*

AGAPE Support	Diane Walker	Newsletter	Dan Brennan
Child Care	Donna Young	Prayer Partner Coordinator	Diane Walker
Community Historian	Jane Beswick	Prayer Vigil Coordinator	Kay Priest
Event Coordinator	Archie Verdiglione	Registrar	Donna Young
Comm. Spiritual Director	Charles Harrell	Reunion Group	Gordon Piscacek
Entertainment	Diane Walker	Team Selection Coordinator	Linda Flanagan
Facility Representative	John Carns	Fourth Day Seminar	Board Reps from walks
Gathering Coordinator	Bright Thompson	Pilgrim Selection	Roy Downs
Supply	Dru McLaughlin	Music Director	Janet Goodwin
Comm. Lay Director	Len Lent	Sponsorship	Alan Wilkerson

*\*Communications includes e-mail, P/POC, Web, Directory and Newsletter sub committees*

### Emmaus Gathering

NOTE: September Gathering will be at Trinity Baptist Church in Waldorf.

What is an Emmaus Gathering?

The Gathering is the monthly reunion of all members of the Emmaus Community.

For the new "Pilgrim" – it is an opportunity to revisit the Emmaus Walk experience and maintain the relationships with other Pilgrims.

For the experienced "Pilgrim" – It is an opportunity to encourage and support one another in our continuing walk with the Lord and to help build a vital community of persons to support future Walk to Emmaus weekends.

Fourth Day Speakers – The Gatherings offer an opportunity for those who volunteer to speak for 3 to 5 minutes about their walk with the Lord.

The next Gathering is on August 19<sup>th</sup> at Calvary United Methodist Church in Waldorf. Fellowship: 6:00 p.m. Gathering: 7:00 p.m. Fourth Day Speaker: Len Lent

**The Gathering on September 16<sup>th</sup> will be held at the Trinity Baptist Church in Waldorf (Calvary UMC**

is not available) Fellowship: 6:00 p.m. and Gathering 7:00 p.m. Fourth Day speaker: Harland Shoemaker

**Directions: Trinity Baptist Church is located on Mattawoman Beantown Road**

From La Plata or Waldorf - Travel north on Rt. 301/5. Turn right on Mattawoman-Beantown Road intersection. (Stoplight). The church is about ¾ of a mile on the right.

From Leonardtown & Lexington Park – Travel north on Rt 5 to Waldorf. Turn right on to Mattawoman -Beantown Road (Stop light Shell station on the right) Travel about 2 miles. Church is on the left side of the road. (Pass the church and double back at the next break in the median strip.)

From the Beltway – Take the Rt 5 exit to Waldorf. Turn left at the Mattawoman-Beantown Rd. intersection (Stoplight). Proceed about ¾ of a mile. The church is on the right.

Your Emmaus Community needs your presence and your loving support. Make plans to attend the upcoming Gatherings and join your fellow "Pilgrims" in Singing, Fellowship and Fun! – De Colores

Bright Thompson  
Gathering Coordinator





## Southern Maryland Emmaus - Prayer Points of Contact

*This is the person to contact for newsletter distribution*

***If your church is not listed, please volunteer to be the Prayer POC  
send your name, e-mail address and telephone to [newsletter@somdemmaus.org](mailto:newsletter@somdemmaus.org)***

Calvary UMC	Phil Landweer	Phil.landweer@verizon.net	301-374-9333
Cedar Grove UMC	Jacque Benjamin	jfbnjzb@quixnet.net	410-257-2595
Emmanuel Baptist	Dick Fogg	upper12_4us@peoplepc.com	410-257-5015
Emmanuel UMC	Lynn Glassbrook	revlynng@comcast.net	410-414-8109
Christ Episcopal Church	Mary Kercher	Mkercher@aol.com	301-934-5813
Corkran Memorial UMC	Stanley Harrell	sharrell@crosslink.net	301-449-6037
Faith Bible Church	Wendy Headrick	wbheadrick@usa.ne	301-475-3278
Faith UMC (Rockville)	Cindy Matter	cindymatter03@aol.com	301-926-7830
First UMC (Laurel)	Dave Meixner	themeixners@comcast.net	301-498-1728
Good Shepherd UMC	Linda Flanagan	lflanagan@ccboe.com	301-645-1375
Bethel UMC	Jan Holmes	janmhol@verizon.net	410-798-8393
Indian Head UMC	Melvin Grover	becky.grover@c21nm.com	
La Plata UMC	Bonnie Thompson	bonbri@comcast.net	301-934-4321
Leonardtown Baptist Church	Wendy Headrick	wbheadrick@usa.ne	301-475-3278
Living Springs	Donna Young	dmy_psych@comcast.net	301-218-1257
Lexington Park UMC	Sandi Hauenstein	Sandi@hauenstein.com	301-994-3363
Marbury Baptist Church	Denise McConnell	dmccconnell@earthserve.com	301-743-6995
Mt. Zion UMC	Buddy Beal	cnbeal@gmpexpress.net	301-866-6377
Olivet UMC	Sue Shorb Sterling	sues@intergate.com	410-394-0773
St. Paul UMC (Lusby)	Ruth Dixon	mese22@olg.com	410-326-3821
St. Paul's UMC (Leonardtown)	Wendy Headrick	wbheadrick@usa.net	301-475-3278
Shiloh UMC	Ron Brown	norrebel@comcast.net	
Smithville UMC	Kathy Massaro	snjwalk93@comcast.net	410-257-1953
Trinity UMC	Traci Conklin	TRConklin@comcast.net	
Trinity Baptist Waldorf)	Karen Smith	musicladykaren@yahoo.com	301-274-2504
Waters Memorial UMC	Dru McLaughlin	mikeanddru@comcast.net	410-535-4313

### Mark Your Calendars

Karen Hower, Events Coordinator, reminds us that the Fall walks are quickly approaching. Mark your calendars now to attend the Candlelight and Closing ceremonies for each at the Melwood Center.

#### Men's Walk

Candlelight: Sat. Oct. 14th - Community gathers at 8:00p.m. in the Dining Hall  
Closing: Sun. Oct. 15th - Begins at 4:00 p.m. in the Dining Hall

#### Women's Walk

Candlelight: Sat. Oct. 21st - Community gathers at 8:00p.m. in the Dining Hall  
Closing: Sun. Oct. 22nd - Begins at 4:00 p.m. in the Dining Hall



Hello Brothers and Sisters of the Southern Maryland Emmaus Community. My name is Len Lent and I am writing because I have accepted the Board of Directors appointment as the Community Lay Director for the 2006-2007 term.

Something important to me is sponsorship. For the past year I have been part of a team looking at our sponsorship process. Sponsorship is the most important job in the Emmaus community. Sponsoring a pilgrim requires a lot of prayer and discernment just to get started then the work starts.

The job of Sponsorship never really ends. Follow up is the biggest commitment of the sponsorship job, and the area in which I do the worst. I am inviting the community to join me in my attempt to kick it up a notch by doing some follow up this month. I would like to challenge everyone to call or visit the pilgrims you have sponsored. You can inquire about their fourth day and offer encouragement. You can invite them to the gathering, perhaps offer to car pool. I hope that by encouraging follow up we will encourage more members of the community to participate in community events.

If you have accepted my challenge and make contact with your pilgrims I would love to receive a brief note letting me know how it went. I know that many of you are keeping in contact with the pilgrims you have sponsored, in that case I would love to hear what you do to stay in contact

Your brother in Christ  
Len Lent  
Community Lay Director

## The Sponsor's Responsibilities

Sponsorship is an act of love for God, for the participants in the Walk to Emmaus, for the Emmaus Community, and for the church. It is a demonstration of agape love. A sponsor will:

- Pray for the participant's openness to God's call to discipleship.
- Make an appointment with the participant (or participating couple) to discuss his or her participation in Emmaus.
- Invite the participant to take part in Emmaus for the sake of a more vital relationship with Jesus Christ. The sponsor shares his or her faith, explains the basic purpose, elements, and follow-up dimensions of the Walk.
- Ask the participant to make a commitment by filling out a registration form. If the participant is married, the sponsor will speak with both partners and encourage an equal commitment by both spouses.
- Support the participant's Walk through prayers and otherwise. The sponsor will also support the participant's family by house-sitting, baby-sitting, watering plants, picking up mail, feeding pets, or just checking in with a spouse to see if any help or support is needed.
- Encourage the participant in his/her continued journey and take the participant to Emmaus "gatherings" after the Walk weekend is over.
- Help the participant re-enter his or her church and consider ways to act out new commitment and enthusiasm.
- Help the participant sponsor others.

*Reprinted from The Upper Room Emmaus Website*

*Visit [www.upperroom.org/emmaus](http://www.upperroom.org/emmaus) for more information on sponsorship.*



Hi, my name is Janet Goodwin. I worship at Lexington Park United Methodist Church. I attended So Md Emmaus #2, and sat at the table of Esther. I am the 2006-2007 Community Music Director.

before each gathering. Additionally, the Emmaus song-book and newer music selections can be downloaded from our website. So, don't hide your light, voice or music talent under a bush!! Email me at [janet.goodwin1@gmail.com](mailto:janet.goodwin1@gmail.com), so I can add you to the group of musicians, and send you the upcoming music selections.

DeColores, Janet

Calling all musicians! Do you play the Guitar? Keyboard? Drums? Bass? Mandolin? Banjo? Or any of a wide description of musical instruments? Please come join us at the gatherings in lifting our praises to the Lord! All are welcome! Remember to just come ½ hour early to practice and tune up. Music team also leads worship at Candlelight and Closing during Emmaus Weekends. All music selections are emailed approximately 1 week



### Applications Due for Fall Walks

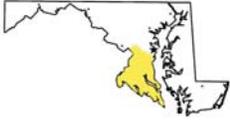
Team Applications were due by May 6

Pilgrim Applications must be received by August 12

Applications may be downloaded from [www.somdemmaus.org](http://www.somdemmaus.org)  
or you may pick them up at any of our gatherings.

*And behold, two of them were going that very day to a village named Emmaus, which was about seven miles from Jerusalem. And they were talking with each other about all these things which had taken place. While they were talking and discussing, Jesus Himself approached and began traveling with them.*





"Walk in the Light" - Southern Maryland Emmaus  
Visit us on the web at [www.somdemmaus.org](http://www.somdemmaus.org)

*"Were not our hearts burning within us while He was speaking to us on the road, while He was explaining the Scriptures to us?"*

Luke 24:32

Information on the Southern Maryland Walk to Emmaus, as well as pilgrim and team applications may be found on our website:  
[www.somdemmaus.org](http://www.somdemmaus.org)

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### *On the Path*

1005 Norfolk Dr.  
La Plata, Md. 20646



Time Sensitive Material