



On the Path



The Newsletter of the Southern Maryland Emmaus Community

February, 2005 Walk In the Light Volume 5 Issue 2

The Cost of Sponsorship

Ignorance is bliss they like to say, which makes me wonder why I use Quicken. Now for those of you still balancing your checkbook with those solar powered calculators, Quicken is a PC software package that can manage your checkbook, track your credit cards and loans, and even tell you about the few meager assets you may have. It is wonderful at giving you instant reports on almost any category of expenditures. Want to know how much fast food you've consumed over the last year? Quicken can tell you. Interested in how many bad movies you've seen? Quicken can tell you. Want to know how much you spent on Christmas gifts for those in-laws? Quicken can tell you. The program knows all, and isn't afraid to tell you.

Now you're probably wondering why I'm telling you this (and, if you must know, I saw eight bad movies in 2004). Well, I made the mistake of asking this opinionated software package how much I'd spent on sponsorship and team fees over the last several years, and while I won't give you the gory details, let's just say I could have spent a lot more time at the movie theater loading up on that decadent artificial butter-flavored topping.

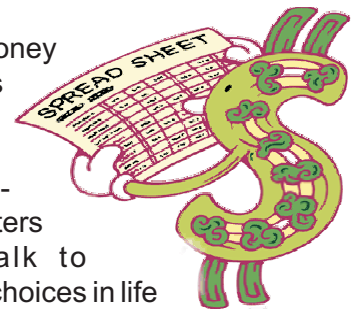
Well you know what? When the movie is over, the only thing that remains is the artificial butter-flavored topping stain on my shirts. But when I sponsor a pilgrim, what often remains is a renewed or new-found relation-

ship with our Lord and Savior. Sometimes there's a glow, sometimes a new energy level, but always there is a sense of peace in the pilgrim that you know you've helped to provide. And when I team? Well, there's no adequate way to describe the satisfaction and joy that comes from knowing you've helped to make a weekend walk a success. They say you can only walk once, and while that's true, you can team many times, and each one is more fulfilling than the last.

The cost of sponsoring or teaming is one of the few great bargains still available to us in this world. And it is one of those expenses that actually pays dividends for us long after the checks have cleared, and the bank account has recovered.

So where should my money go? A couple of dinners out? A dozen bad movies? Or maybe, just maybe, a chance for another of my brothers or sisters to experience the Walk to Emmaus? If only all of our choices in life were that simple to make.

Look around, reach out, and grab a pilgrim to sponsor, or be a part of the team.



Get Out the Bug Spray - It's Picnic Time

No, that free calendar hanging on your refrigerator isn't misprinted. It really is February, but that doesn't mean we have to act like it. We're not going to let a little snow and ice stop us from having a picnic right here at Calvary UMC at our next gathering. That's right, no meager potluck or snack fare this time. See page 6 for all the details - or just follow the ants.





Men's Walk # 15 - April 28 - May 1, 2005

Women's Walk # 16 May 12 - 15, 2005

Deadline for Pilgrim Applications: Men's March 4, Women's March 17, 2005

Deadline for Team Applications for both Spring Walks is February 4, 2005

This Week: 2/03/05

Emmaus Community Stats
30 Weekends in
11 States and
1 Countries
17 Women's Weekends and
13 Men's Weekends



**Sign up to pray for
our walks (and others)
online at:
www.3dayol.org/Vigil/**

**Pilgrim and Team Applications and this newsletter
may be downloaded from the web at www.somdemmaus.org
CLICK on "About Us" then CLICK "Documents"**



Recurring Events of the Southern Maryland Emmaus Community

Events are held at Calvary United Methodist Church unless otherwise indicated
3235 Leonardtown Road, Waldorf, Maryland

Gatherings: 7:00 p.m. Fellowship 6:00 p.m. Next Gathering is February 19.
Gatherings are held monthly on the 3rd Saturday. The next Gathering will be February 19, 2005 at Calvary United Methodist Church in Waldorf.

Board of Directors Meeting: 3:30 p.m February 19, 2005

Board meetings are held prior to the Gathering on the 3rd Saturday of each month. The next board meeting will be February 19, 2005.

4th Day Seminars

The 4th Day Seminars are held in the spring and in the fall following the men's and women's walks. The next seminar is scheduled for Saturday, Mary 21 at 4:00 p.m. Attendance at a 4th Day Seminar is required in order to sponsor pilgrims, and highly recommended for those who wish to team.



Southern Maryland Emmaus Community Reunion & Accountability Groups

The Reunion Group Coordinator, Valerie Arends, would like to hear about any active Groups in Southern Maryland. If you are having difficulty finding a Reunion Group, contact Valerie Arends, varends@comcast.net. Experience the 4th Day feeling with your fellow Emmaus travelers.

Bethel UMC, Upper Marlboro
Men Wednesday - 6:00 p.m.
Women Wednesday - 6:00 p.m.

Common Grounds Coffee Shop, Pr. Frederick
Men Friday - 7:30 a.m.
Women Friday - 6:15 a.m.

Calvary UMC, Waldorf
Men Tuesday - 7:15 p.m.
Women Thursday - 5:00 p.m. (Panera's)

Lexington Park UMC, Lexington Park
Men Sunday - 6:00 p.m.
Women Sunday - 6:00 p.m.

First UMC, Laurel
Men Saturday - 7:00 a.m.
Women Saturday - 8:30 a.m.
Men Sunday - 12:30 p.m.
Women Sunday - 6:30 p.m.

Good Shepherd UMC, Waldorf
Women Tuesday 7:30 p.m.
Call 301-653-7570 for directions (not at church)

Lexington Park UMC
Men Thursday - 12:00 p.m.
Women Thursday - 12:00 p.m.

Southern Calvert County Region
Holiday Inn Dining Room - Solomons
Women Saturday - 9:00 a.m.

Waters UMC, St. Leonard
Pastors Tuesday - 1:00 p.m.



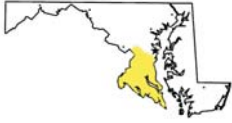
www.somdemmaus.org

Have you registered yet? You need to register in order to access the members only area of our new website. This area will have items of interest to our members, as well as profiles of all those who have registered. Let us know what you would like to see in the members area as well as the public areas of the site. Register today.



On The Path

Deadline for next issue is March 4, 2005. The preferred method of submission is as an MSWord document file or a WordPerfect file sent via e-mail to the following address: Newsletter@somdemmaus.org. Very short articles or notes may be sent in the body of the e-mail message. Please send your comments and recommendations as well to the editor, Dan Brennan, at the e-mail address above.



Southern Maryland Emmaus - Leadership & Service



Board of Directors

Personal information contained in this newsletter is intended for Emmaus activities only, and will not be released to other organizations for any reason.



Randy Headrick <i>Board Chair</i>	301-475-3278	RDHeadrick@usa.net
Marilynne Landweer <i>Vice Chair</i>	301-374-9333	mlandweer@verizon.net
Jane Beswick <i>Secretary/Gtherings</i>	301-934-5344	jbeswick@aaahawk.com
John Bohner <i>Treasurer</i>	301-934-5344	jbohner@aaahawk.com
Valerie Arends <i>Childcare/Reunions</i>	410-286-3335	varends@comcast.net
Dan Brennan <i>Communications</i>	301-934-0334	dbrennan@aaahawk.com
Jeannette Findley <i>Director at Large</i>	301-475-3381	findleyjm@gmpexpress.net
Lynn Glassbrook <i>Asst. Spiritual Director</i>	410-414-8109	lglassbrook@earthlink.net
Stanley Harrell <i>Director at Large</i>	301-449-6307	sharrell@crosslink.net
Carol Lanzi <i>Registrar</i>	301-862-9521	cblanzi@tqci.net
Len Lent <i>Event Coord/Directory</i>	301-475-8207	mlent@hotmail.com
Sara Martin <i>Agape/Support Director</i>	301-863-7537	saramartin@gmpexpress.net
Daniel Montague <i>Community SD</i>	410-586-0432	Daniel.mont@juno.com
Beverly Raynor <i>Director at Large</i>	301-604-0909	morningglory992000@yahoo.com
Henry Rowe <i>Music Director</i>	301-769-4637	nhrowe@hotmail.com
Laura Yax <i>Team Selection Chair</i>	410-535-4665	lkyax@comcast.net
Clark Holmes	410-798-8393	Janhol@aol.com

On The Path

Is the newsletter of the Southern Maryland Emmaus Community. Published monthly by e-mail, distributed by the Point of Contact for each participating church, and available on the Southern Maryland Emmaus website.

Southern Maryland Emmaus is affiliated with the International Emmaus Movement of The Upper Room, Nashville, Tn. Emmaus is a program offering of Upper Room Ministries of The United Methodist Church. Our purpose is to inspire, challenge, and equip church members for Christian Action.

Please contact the POC for your church as listed in this newsletter if you are not receiving the newsletter. If your church does not currently have a POC, please prayerfully consider volunteering for that role.

Contact the Editor if you need a copy sent via snail mail.



So join us at Trinity UMC,
Wednesday February 23rd thru Wednesday February
16, 7 to 8:30 PM

Note: This training event may be offered in YOUR geographic location if demand is found! Feel free to contact Valerie Arends (varends@comcast.net or 410-286-3335) if you have any questions or need directions.

You are invited, (nay, encouraged!) to attend a four session Reunion Group training event.

This training event will run four consecutive Wednesday evenings at Trinity United Methodist Church in Prince Frederick beginning Wednesday, February 23rd and ending Wednesday, March 16th. We will meet 7 to 8:30 PM, and each week Pastor Lynn Glassbrook will help us examine a different section of the Upper Room "Service Sheet". Through this training we will learn to be accountable in the areas of our spiritual life, our study life and our action in life. Anyone with a desire to learn more about being accountable in a small group is welcome to attend – Emmaus "pilgrims" both new and long time, and our church friends and colleagues.



Early graduates of a Lynn Glassbrook Reunion Group training class pose for their class picture.



Where have all the Brownies Gone?

Apologies to the Kingston Trio and every other folk group who ever performed *Where Have All the Flowers Gone?*, but there

is a much more serious question facing future Southern Maryland Emmaus pilgrims and team members. Where have all the brownies gone?

I remember my walk - it was So. Md. Emmaus #1 - and the daunting task I faced every day of trying to determine which variety of brownie I would eat first. There were iced brownies, fudge brownies, cake brownies, pecan brownies, marbled brownies, and some I couldn't even identify. There were brownies everywhere.

They were on the table, they were in my bed, they were under the chairs, and everywhere I turned. By the third day I had become a brownie junkie. I had become so dependent on the sweet taste of those little squares, that for weeks after my walk, I found myself showing up at grocery stores early in the morning to get my "fix".

But now they're gone. My last several teaming experiences have found me searching the agape table in vain for the those morsels of chocolate heaven. Oh sure, once or twice they'd appear, just to taunt me, but the stampede to get them always left me in the dust (why didn't my mother force me to take track & field?) Where are the bakers of the Southern Maryland Emmaus Community?

Don't let another walk go by without answering the call. Ladies, start your ovens!

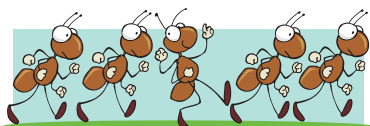


Southern Maryland Emmaus - Leadership & Service

Most Southern Maryland Committees are chaired by members of the Board of Directors, but service on those committees is open to all community mem-

AGAPE Support Dir.	Sara Martin	Newsletter	Dan Brennan
Child Care	Jeannette Findley	Prayer Partner Coordinator	Jan Holmes
Community Historian	Jacque Benjamin	Prayer Vigil Coordinator	Kay Priest
Community Liaison	Valerie Arends	Registrar	Carol Lanzi
Comm. Spiritual Director	Daniel Montague	Reunion Group	Valerie Arends
Communications*	Dan Brennan	Supply	TBD
Entertainment	Dan Brennan	Team Selection Coordinator	Laura Yax
Facility Representative	Greg Sweitzer	Volunteer Coordinator	Sandy Hauenstein
Gathering Coordinator	Jane Beswick	Event Coordinator	Len Lent
Music Director	Henry Rowe		
Comm. Lay Director	Randy Headrick		

**Communications includes e-mail, P/POC, Web, Directory and Newsletter sub committees*



We're Having A Picnic!

Yes, that's right! Your Board of Directors thought it would be a great idea to have a picnic in February, so that is what we're going to do! Some of us thought it would be great to have the picnic outside, but we were over-ruled. That being said, we will have the picnic inside, and we'll pretend that we're outside. So mark your calendars now for the 18th of February (which coincidentally is the date of our next Gathering) and put on your picnic attire, bring a picnic food item, and join us for a potluck picnic! You say you don't have any picnic recipes? Come anyway! You say you don't like picnics? Come anyway and pretend it's not a picnic. After all, if we can pretend we're outside at a picnic, you can pretend you're not at a picnic. Just think, **NO ANTS!!!!** Bring a guest, if you'd like, but please come.

The festivities will begin at 6:00 at Calvary (the usual location). This will be a great time to socialize and catch up on what's happening with your brothers and sisters in Christ. Did I mention that there would be plenty of good food? Has anyone ever gone hungry at any Emmaus function? I don't think so.

Immediately after the picnic dinner, we'll have our monthly Gathering. This is a great way to keep our fires burning, to stay accountable, and stay in touch. Our music team has been providing truly awesome worship experiences combining the Word with music. Randy keeps us informed of Community events, and we have had motivating, inspirational speakers. Last month, all of Hoppy Agape's family showed up. Maybe in February they'll be back, and the Turtles as well. No need to fear the Turtle! We're all One in the Father! Hope to see you there!





Southern Maryland Emmaus - Prayer Points of Contact

This is the person to contact for newsletter distribution

***If your church is not listed, please volunteer to be the Prayer POC
send your name, e-mail address and telephone to newsletter@somdemmaus.org***

Calvary UMC	Phil Landweer	Phil.landweer@verizon.net	301-374-9333
Cedar Grove UMC	Jacque Benjamin	jfbnjzb@quixnet.net	410-257-2595
Emmanuel Baptist	Dick Fogg	upper12_4us@peoplepc.com	410-257-5015
Emmanuel UMC	Lynn Glassbrook	lglassbrook@earthlink.net	410-414-8109
Christ Episcopal Church	Mary Kercher	Mkercher@aol.com	301-934-5813
Corkran Memorial UMC	Stanley Harrell	sharrell@crosslink.net	301-559-6037
Faith Bible Church	Carol Lanzi	cblanzi@tqci.net	301-862-9521
Faith UMC (Rockville)	Cindy Matter	cindymatter03@aol.com	301-926-7830
First UMC (Laurel)	Dave Meixner	themeixners@comcast.net	301-498-1728
Good Shepherd UMC	Linda Flanagan	lflanagan@ccboe.com	301-645-1375
Bethel UMC	Jan Holmes	janhol@aol.com	410-798-8393
Indian Head UMC	Melvin Grover	becky.grover@c21nm.com	
Leonardtwn Baptist Church	Carol Lanzi	cblanzi@tqci.net	301-862-9521
Lexington Park UMC	Sandi Hauenstein	Sandi@hauenstein.com	301-862-2026
Marbury Baptist Church	Denise McConnell	dmcconnell@earthserve.com	301-743-6995
Olivet UMC	Sue Shorb Sterling	sues@intergate.com	410-394-0773
St. Paul UMC (Lusby)	Ruth Dixon	mese22@olg.com	410-326-3821
St. Paul's UMC (Leonardtwn)	Carol Lanzi	cblanzi@tqci.net	301-862-9521
Shiloh UMC	Ron Brown	norrebel@comcast.net	
Smithville UMC	Kathy Massaro	emkm@chesapeake.net	410-257-1953
Trinity UMC	Valerie Arends	varends@comcast.net	410-286-3335
Trinity Baptist Waldorf)	Karen Smith	musicladykaren@yahoo.com	301-274-2504
Waters Memorial UMC	Dru McLaughlin	Lf1640@chesapeake.net	410-535-4313



Concert to Benefit Family of Beth James Coming to Calvary UMC

Mark Saturday, February 5, 2:30 p.m. on your calendars now. A concert featuring bluegrass groups, solo performances, piano and flute, the gospel group *Joyful Noise*, Calvary's Choir and Praise Band, and many other surprises is being planned to benefit the family of Beth James. Beth was a long-time member of Calvary who recently lost her husband Brian to a heart attack. She is a mother of four, three of whom are special needs children.

All proceeds from the concert (which will be a free-will offering) will go directly to the family to help them make the transition. Beth and family had just returned to Maryland from Connecticut when the tragedy occurred. For more information please contact Dan Brennan at Calvary on 301-645-5247.

Editor's Note: if your church is having a special event, let us know and we'll give it a plug in this column.

So You'd Like to be a 4th Day Speaker



You had a great weekend. Your walk was something you'll never forget. You haven't been able to stop talking about it since you returned. You're driving your spouse and everyone around you a little crazy. Don't Worry. You're not sick. You simply have all the symptoms

of a potential 4th Day Speaker at one of our gatherings. So what's stopping you? A little nervous? Hey, that's called living. Don't let it bother you.

Think about the 4th Day talks you've heard and loved. What was it about the speaker that connected with you? Odds are it wasn't how polished or professional they were, but rather that they were speaking from their hearts. You knew that what they were telling you was real and meant something to them.

When you think about it, they were probably every bit as nervous as you might be, but that didn't matter to you, did it? You were too wrapped up in the content to worry about the delivery.

It's important to us as brothers and sisters that we share the experiences of our walks, and how they have changed and enhanced our lives. It helps us to know that we are not alone in the feelings and emotions that we deal with as servants of the Lord.

We want to hear from you, to learn from you, to share with you the wonders of your walk, and the blessings that God has continued to give you since your walk. Give us the chance.

Let Jane Beswick (jbeswick@aaahawk.com) know you're interested. She'll help you cope with those nerves.

The Lord Provides . . . and Replaces

Some of you may remember that a painting of the Walk to Emmaus which had been borrowed from Calvary, was lost on a weekend some months back. Despite a massive search effort, the painting was never located. But, the Lord does provide. If you visit Calvary today, you'll find a brand new replacement print of the Walk to Emmaus in a beautiful gold frame hanging on the wall. It was a gift to Calvary by a



donor who wishes to remain anonymous. This does not surprise me. Emmaus community members are among the most generous you will find anywhere. Calvary thanks the donor for and wishes this person the continued blessings of the Lord.

Think about Serving

As our Community Lay Director, Randy Headrick reported at the last gathering, opportunities to serve on the Southern Maryland Emmaus Community Board of Directors will be opening up in the next few months.

Serving on the Board of Directors is much like being part of a team on a walk, in that you are indicating a willingness to serve in whatever capacity is needed to accomplish the goals of the community. It is also like

being a team member in that you are blessed far more than you can imagine. Talk to any of the current board members and see what you're missing.

Plan now to be a part of the management of your community. There are important decisions ahead, and good people will be needed to help make them.

I'm Still Waiting (A Note From Your Registrar)!



Before you know it, Spring will be here, and Walks # 15 and #16 will be in full swing. (Swing in the spring?) All we need now to have two awesome, blessed Walks is Pilgrims. So, what are you waiting for? I thought perhaps we were all caught up in the rush of Thanksgiving, Christmas, and New Years

- but all that is behind us now. I know it's cold out, and there is (as I write this) snow and ice on the ground, but get out there and sponsor someone. Don't let someone else miss out on the joy and blessing of walking just because it's cold outside and so warm and toasty in front of your fireplace or heating vent. You'll get plenty of "internal" warmth from sharing God's love in this most unique way. Just think back on your Walk. Don't you want to share that love, and Koinonia (remember what that is??) with someone else? Sure you do!

Remember, the Men's Walk (#15) is from April 28 through May 1st, 2005. Pilgrim applications are re-

quired to be to me by March 4th, 2005. The Women's Walk (#16) is from May 12th through May 15th, 2005, and I need those applications by March 17th, 2005. If you've been thinking of sponsoring someone, now is the time. Pray about it, and then take action.

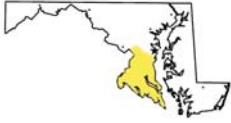
Don't forget to think about teaming on one of the Walks, either. If you've never teamed before, talk to someone who has. It is an awesome way to share God's love, and you will be truly blessed. It's a wonderful way to continue your 4th day journey.

My bills from the holidays are paid (well, almost), my daughter is back at college, my son is back in school, and my sweet husband is doing all my household chores so that I can concentrate on getting your pilgrims registered. So, don't let me sit here twiddling my thumbs. Don't keep me waiting any longer, please. Get those applications in!

DeColores!
Carol Lanzi

And behold, two of them were going that very day to a village named Emmaus, which was about seven miles from Jerusalem. And they were talking with each other about all these things which had taken place. While they were talking and discussing, Jesus Himself approached and began traveling with them.





"Walk in the Light" - Southern Maryland Emmaus
Visit us on the web at www.somdemmaus.org

"Were not our hearts burning within us while He was speaking to us on the road, while He was explaining the Scriptures to us?"

Luke 24:32

Information on the Southern Maryland Walk to Emmaus, as well as pilgrim and team applications may be found on our website:
www.somdemmaus.org

On the Path

1005 Norfolk Dr.
La Plata, Md. 20646



Time Sensitive Material