



# On the Path



The Newsletter of the Southern Maryland Emmaus Community

January, 2005 Walk In the Light Volume 5 Issue 1

## Out With the Old? Maybe Not

### One Pilgrim's Idea of What's In and Out in 2005

I don't know about you, but there is nothing more depressing for me than reading the annual "what's hot, and what's not" lists. There's something about finding all of the things you like, or just bought listed in the "out" column. When I was a child it seems as if I always got the latest fashions just after they had gone out of style (I also walked to school uphill in both directions with no shoes.) As an adult, I don't think I've made a lot of progress. I still manage to be a little behind the fashion bandwagon, and to purchase electronics the day before the new models come out.

Still, as I look at the list of things that are "out" I'm not surprised to find Christian values prominently listed. Although they are not always listed by name, the message is clear: things like, God, responsibility, accountability, love, family, and honesty, are not to be sought after.

The writers of these columns, and many other mainstream news sources would have us believe that there is something wrong with anyone who embraces the teachings of Jesus, or disavows support for alternative life-styles, or decries the excesses of our "do whatever you want society". It's not "cool" to be a Christian these days, so they would have us think.

I don't know about you, but I'm happy to be "out" in that column with God, responsibility, and the rest. I'm fortunate to be a part of a community of God's people, like ours, that recognizes and celebrates the victory of

Christ over the sins of the world. And the best news of all, is that being God's people does not preclude us from having the latest fashions, the greatest electronics, and all of the other blessings of life. It just means will use them for a purpose better than just being "in".

There is a good use for those lists, though. Just cross out "In and Out" and replace with "Right and Wrong", hang them on the fridge, and amaze your friends and family.

Oh, by the way, I've got to go. I've only got 24 hours to return my latest electronic purchase (shown below.) The new model just came out.



**OUT**

*(maybe, but I got it at a great price)*



**IN**

*(maybe, but what about tomorrow)*

Remember: God's Love and Grace, and the Forgiveness of Jesus Christ will always be IN.



Men's Walk # 15 - April 28 - May 1, 2005

Women's Walk # 16 May 12 - 15, 2005

**Deadline for Pilgrim Applications: Men's March 4, Women's March 17, 2005**

**Deadline for Team Applications for both Spring Walks is February 4, 2005**

**This Week: 1/03/05**

**Emmaus Community Stats  
17 Weekends in  
6 States and  
1 Countries  
11 Women's Weekends and  
6 Men's Weekends**

**Reminder:  
Time to start working on Agape  
50 pieces of each needed for a walk**

**Pilgrim and Team Applications and this newsletter  
may be downloaded from the web at [www.somdemmaus.org](http://www.somdemmaus.org)  
CLICK on "About Us" then CLICK "Documents"**



## **Recurring Events of the Southern Maryland Emmaus Community**

**Events are held at Calvary United Methodist Church unless otherwise indicated  
3235 Leonardtown Road, Waldorf, Maryland**

**Gatherings: 7:00 p.m. Fellowship 6:00 p.m. Next Gathering is January 15.**  
Gatherings are held monthly on the 3rd Saturday. The next Gathering will be January 15, 2005 at Calvary United Methodist Church in Waldorf.

**Board of Directors Meeting: 3:30 p.m January 15, 2005**

Board meetings are held prior to the Gathering on the 3rd Saturday of each month. The next board meeting will be January 15, 2005.

### **4th Day Seminars**

The 4th Day Seminars are held in the spring and in the fall following the men's and women's walks. Watch this newsletter and the web site for more information on upcoming seminars. The next seminar will be scheduled for Spring of 2005 following the men's and women's walks.



## Southern Maryland Emmaus Community Reunion & Accountability Groups

The Reunion Group Coordinator, Mike McCurdy, would like to hear about any active Groups in Southern Maryland. If you are having difficulty finding a Reunion Group, contact Mike, [mccurdyma@hotmail.com](mailto:mccurdyma@hotmail.com). Experience the 4th Day feeling with your fellow Emmaus travelers.

Bethel UMC, Upper Marlboro  
Men Wednesday - 6:00 p.m.  
Women Wednesday - 6:00 p.m.

Lexington Park UMC, Lexington Park  
Men Sunday - 6:00 p.m.  
Women Sunday - 6:00 p.m.

Calvary UMC, Waldorf  
Men Tuesday - 7:15 p.m.  
Women Thursday - 5:00 p.m. (Panera's)

Good Shepherd UMC, Waldorf  
Women Tuesday 7:30 p.m.  
Call 301-653-7570 for directions (not at church)

First UMC, Laurel  
Men Saturday - 7:00 a.m.  
Women Saturday - 8:30 a.m.  
Men Sunday - 12:30 p.m.  
Women Sunday - 6:30 p.m.

Southern Calvert County Region  
Holiday Inn Dining Room - Solomons  
Women Saturday - 9:00 a.m.

Lexington Park UMC  
Men Thursday - 12:00 p.m.  
Women Thursday - 12:00 p.m.

Waters UMC, St. Leonard  
Pastors Tuesday - 1:00 p.m.

Common Grounds Coffee Shop, Pr. Frederick  
Men Friday - 7:30 a.m.  
Women Friday - 6:15 a.m.

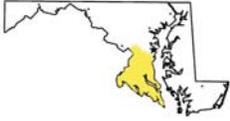
[www.somdemmaus.org](http://www.somdemmaus.org)

Take a look at your new web site as its being developed. Good progress is being made. It will be a central repository of information and resources for members of the Southern Maryland Emmaus community. The site is being developed by our very own Dean Gass. Let us know what you think, and let the Board know what you'd like to see on the site.



## On The Path

Deadline for next issue is February 4, 2005. The preferred method of submission is as an MSWord document file or a WordPerfect file sent via e-mail to the following address: [Newsletter@somdemmaus.org](mailto:Newsletter@somdemmaus.org). Very short articles or notes may be sent in the body of the e-mail message. Please send your comments and recommendations as well to the editor, Dan Brennan, at the e-mail address above.



## Southern Maryland Emmaus - Leadership & Service



### Board of Directors

*Personal information contained in this newsletter is intended for Emmaus activities only, and will not be released to other organizations for any reason.*

Randy Headrick <i>Board Chair</i>	301-475-3278	RDHeadrick@usa.net
Marilynne Landweer <i>Vice Chair</i>	301-374-9333	mlandweer@verizon.net
Jane Beswick <i>Secretary/Gtherings</i>	301-934-5344	jbeswick@aaahawk.com
John Bohner <i>Treasurer</i>	301-934-5344	jbohner@aaahawk.com
Valerie Arends <i>Childcare/Reunions</i>	410-286-3335	varends@comcast.net
Dan Brennan <i>Communications</i>	301-934-0334	dbrennan@aaahawk.com
Jeannette Findley <i>Director at Large</i>	301-475-3381	findleyjm@gmpexpress.net
Lynn Glassbrook <i>Asst. Spiritual Director</i>	410-414-8109	lglassbrook@earthlink.net
Stanley Harrell <i>Director at Large</i>	301-449-6307	sharrell@crosslink.net
Carol Lanzi <i>Registrar</i>	301-862-9521	cblanzi@tqci.net
Len Lent <i>Event Coord/Directory</i>	301-475-8207	mlent@hotmail.com
Sara Martin <i>Agape/Support Director</i>	301-863-7537	saramartin@gmpexpress.net
Daniel Montague <i>Community SD</i>	410-586-0432	Daniel.mont@juno.com
Beverly Raynor <i>Director at Large</i>	301-604-0909	morningglory992000@yahoo.com
Henry Rowe <i>Music Director</i>	301-769-4637	nhrowe@hotmail.com
Laura Yax <i>Team Selection Chair</i>	410-535-4665	lkyax@comcast.net
Clark Holmes	410-798-8393	Janhol@aol.com

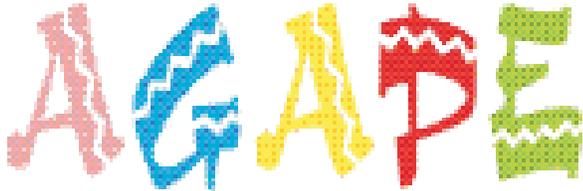
### On The Path

Is the newsletter of the Southern Maryland Emmaus Community. Published monthly by e-mail, distributed by the Point of Contact for each participating church, and available on the Southern Maryland Emmaus website.

Southern Maryland Emmaus is affiliated with the International Emmaus Movement of The Upper Room, Nashville, Tn. Emmaus is a program offering of Upper Room Ministries of The United Methodist Church. Our purpose is to inspire, challenge, and equip church members for Christian Action.

Please contact the POC for your church as listed in this newsletter if you are not receiving the newsletter. If your church does not currently have a POC, please prayerfully consider volunteering for that role.

Contact the Editor if you need a copy sent via snail mail.



## I Have An Idea

The spring walks will be here before we know it. If you're like me, you wait until the week before the Walk, or sometimes the day before the Walk to make your agape. Well this year I have decided to make my agape all throughout the winter months. Think about it we're often stuck inside because of the weather and we have less activities going on. What better time is there to dive into the world of DeColores, bookmarks, pass it on clothes pins, scripture cards, jewelry, etc?

## Rules for making agape are simple

- Make sure there is enough for everyone (50 pieces)
- No signatures on any agape
- Keep it organized. When appropriate separate team and pilgrim agape and put it in alphabetical order

If you have any questions call or email Diane Walker 301.862.9712 or email at:

[redruth@mindspring.com](mailto:redruth@mindspring.com)

## Attend the weekend events

The dates for the walks are:

Men's Walk #15 - April 28 - May 1

Women's Walk #16 - May 12 - 15

Candlelight starts at 8:00 p.m. on Saturday

Closing starts at 4:00 p.m. on Sunday

## Come lend a hand on the weekend working with Agape/Support

Much behind the scene help is needed to make the weekends a success.

Volunteers are needed on Thursday for set-up through to Sunday for clean-up. Volunteers can stay the entire weekend or work in blocks of time

Please contact the volunteer coordinator Sandi Hauenstein and let her know when you can help 301-994-9963 or [sandi@hauenstein.com](mailto:sandi@hauenstein.com)



Welcome to 2005! Where did 2004 go? I can't believe it passed so quickly, and I'm sure as we look back on it, 2005 will seem to have gone just as quickly. That being said, while I am sure June seems like a long way off, it is really

just around the corner, and with June will come our Southern Maryland Emmaus Community Board elections. For the next few months we will be actively looking for those few willing volunteers who would like to step up and serve on the Board for Southern Maryland Emmaus.

If you think you would like to serve your Emmaus community through service on the Board of Directors, or if you would just like some more information on what that commitment would entail you can call or email me or any board member. We would be happy to share our experiences with you, and help you decide if you would like to serve on the board. Board membership should not be taken lightly, and entails attending monthly board meetings that are held just before the monthly gatherings, and helping with one or more of the many jobs that make a community successful, but it is very satisfying and a real growth opportunity as well. We hope to have six to ten prospective board members identified by April, and a roster published in the May newsletter so we can hold the elections in June. Think it over, pray about it, see what you can do for your community! Don't forget the gathering, Saturday 15 January at Calvary UMC in Waldorf, and may you all have a Blessed New Year!

*Randy*



## Southern Maryland Emmaus - Leadership & Service

*Most Southern Maryland Committees are chaired by members of the Board of Directors, but service on those committees is open to all community mem-*

AGAPE Support Dir.	Sara Martin	Newsletter	Dan Brennan
Child Care	Jeannette Findley	Prayer Partner Coordinator	Jan Holmes
Community Historian	Jacque Benjamin	Prayer Vigil Coordinator	Kay Priest
Community Liaison	Valerie Arends	Registrar	Carol Lanzi
Comm. Spiritual Director	Daniel Montague	Reunion Group	Valerie Arends
Communications*	Dan Brennan	Supply	TBD
Entertainment	Dan Brennan	Team Selection Coordinator	Laura Yax
Facility Representative	Greg Sweitzer	Volunteer Coordinator	Sandy Hauenstein
Gathering Coordinator	Jane Beswick	Event Coordinator	Len Lent
Music Director	Henry Rowe		
Comm. Lay Director	Randy Headrick		

*\*Communications includes e-mail, P/POC, Web, Directory and Newsletter sub committees*



## The Group Reunion: Who, When and Where?

*Valerie Arends*

Yes, there are usually a few more adverbs or pronouns along with that classic list. Since we may understand the what (our reunion group) and why (for mutual accountability), we're going to concentrate on the who, when

and where that seem to be the biggest obstacles to actually making a reunion group happen.

The easiest way by far would be to meet with some fellow Christians you already worship, work or "play" with. It doesn't have to just be people with Emmaus experience. In fact, it's a good way to expose others to the benefits of intentional 4<sup>th</sup> Day living. Meet at the existing place with the folks present before or after the event you are already there to attend (work, worship, etc...). Voila! Instant Reunion Group!

Beyond the obvious of church and work and play friends, be creative and thoughtful. Hey – everybody has to eat! Make a meal part of the meeting. Some of us have little ones that could use an outing: try a local park or restaurant with an indoor playground; at the library while your little ones enjoy story time.

We "more mature" folks might like the story time, too. But let's keep on topic, shall we? Start by praying for your potential group. Contact perspective members in person, email or phone. Pray again. Advertise in your church newsletter or on the office bulletin board. Pray some more. You, God and one other person can make a very effective accountability group. And a great start to invite others.

So think about the people and places already in your day to day schedule. My mom meets with a good friend before their morning worship. I used to meet with a group of moms at the afore mentioned "Mc-restaurant" while our kids played. As a matter of fact, send in your best ideas and we'll compile a list for the next newsletter! Send them to me at [varends@comcast.net](mailto:varends@comcast.net) or to Dan Brennan at the newsletter address.

*Editor's Note: Check page 3 for organized reunion groups in the Southern Maryland Emmaus Community. Let us know of any others that need to be added.*



## Southern Maryland Emmaus - Prayer Points of Contact

*This is the person to contact for newsletter distribution*

***If your church is not listed, please volunteer to be the Prayer POC  
send your name, e-mail address and telephone to newsletter@somdemmaus.org***

Calvary UMC	Phil Landweer	Phil.landweer@verizon.net	301-374-9333
Cedar Grove UMC	Jacque Benjamin	jfbnjzb@quixnet.net	410-257-2595
Emmanuel Baptist	Dick Fogg	upper12_4us@peoplepc.com	410-257-5015
Emmanuel UMC	Lynn Glassbrook	lglassbrook@earthlink.net	410-414-8109
Christ Episcopal Church	Mary Kercher	Mkercher@aol.com	301-934-5813
Corkran Memorial UMC	Stanley Harrell	sharrell@crosslink.net	301-559-6037
Faith Bible Church	Carol Lanzi	cblanzi@tqci.net	301-862-9521
Faith UMC (Rockville)	Cindy Matter	cindymatter03@aol.com	301-926-7830
First UMC (Laurel)	Dave Meixner	themeixners@comcast.net	301-498-1728
Good Shepherd UMC	Linda Flanagan	lflanagan@ccboe.com	301-645-1375
Bethel UMC	Jan Holmes	janhol@aol.com	410-798-8393
Indian Head UMC	Melvin Grover	becky.grover@c21nm.com	
Leonardtwn Baptist Church	Carol Lanzi	cblanzi@tqci.net	301-862-9521
Lexington Park UMC	Sandi Hauenstein	Sandi@hauenstein.com	301-862-2026
Marbury Baptist Church	Denise McConnell	dmcconnell@earthserve.com	301-743-6995
Olivet UMC	Sue Shorb Sterling	sues@intergate.com	410-394-0773
St. Paul UMC (Lusby)	Ruth Dixon	mese22@olg.com	410-326-3821
St. Paul's UMC (Leonardtwn)	Carol Lanzi	cblanzi@tqci.net	301-862-9521
Shiloh UMC	Ron Brown	norrebel@comcast.net	
Smithville UMC	Kathy Massaro	emkm@chesapeake.net	410-257-1953
Trinity UMC	Valerie Arends	varends@comcast.net	410-286-3335
Trinity Baptist Waldorf)	Karen Smith	musicladykaren@yahoo.com	301-274-2504
Waters Memorial UMC	Dru McLaughlin	Lf1640@chesapeake.net	410-535-4313



## Concert to Benefit Family of Beth James Coming to Calvary UMC

Mark Saturday, February 5, 2:30 p.m. on your calendars now. A concert featuring bluegrass groups, solo performances, piano and flute, the

All proceeds from the concert (which will be a free-will offering) will go directly to the family to help them make the transition. Beth and family had just returned to Maryland from Connecticut when the tragedy occurred. For more information please contact Dan Brennan at Calvary on 301-645-5247.

gospel group *Joyful Noise*, Calvary's Choir and Praise Band, and many other surprises is being planned to benefit the family of Beth James. Beth was a long-time member of Calvary who recently lost her husband Brian to a heart attack. She is a mother of four, three of whom are special needs children.

*Editor's Note: if your church is having a special event, let us know and we'll give it a plug in this column.*

## Looking Back

Lynn Glassbrook



A friend recently asked me what my hopes are for the new year. In the past, I have used the New Year's eve time to reflect on the past year and set goals and dreams for the new year. How about you? Do you ever take inventory of where you have been and where you are headed? Somewhere I once saw a bumper sticker that asked, "If you don't know where you're going, how will you know when you get there?" Looking back, I see those areas of joy and celebration that are only visible from a distance, for they are hidden in the everyday acts of life. And I give thanks to God. Looking back, I see those areas where I fell short — far short, sometimes — of the mark, and ask forgiveness of God and others.

In a sense, when we group on a regular basis, we do this backward looking through the service sheet as we

share our piety, study, action, moment closest, and discipleship denied and accomplished.

But what about looking forward? From Proverbs we know "When the people have no vision, the people perish." (Prov. 29:18) Now I can name several things I hope to accomplish in the new year, and several things I hope to avoid. But what is my vision? In grouping, we address this when we articulate our plan for the next week or beyond. In both cases — my vision and my plan — needs to fit with God's will and plans. How do we do this? By staying connected to Jesus Christ and the body of Christ! By faithfully worshiping, studying and acting.

I pray for you, my sisters and brothers in Christ, that you will take time to reflect on the past year, and dream forward into the new year. I encourage you to find or form a group who will hold you accountable to your plan. I pray you will invite the Spirit into your life, into your plans, and into your heart this day.



*The community assembled. A recent So. Md. Emmaus Gathering.*

## Will We See You at the Next Gathering?

As you can see from the photo at the left, our Gatherings have been generating a lot of excitement lately. We've moved into the Fellowship Hall at Calvary in order to give us a more comfortable, informal place to meet and socialize, and of course to share Communion, music, and messages.

Jane Beswick is our Gatherings coordinator, and she needs your help. Of course she wants you be there to benefit from the fellowship of other Emmaus brothers and sisters, but she is also looking for those who would like to share their 4th Day experiences with the community. You need

not be an accomplished speaker. Honesty and sincerity are more desirable. Your talk can be serious, amusing, or whatever your 4th Day has been for you. New pilgrims as well as those who walked years ago are equally encouraged to be a part of the evening. Jane's e-mail address can be found on page 4. Just let her know.

Please plan on joining us on Saturday, January 15, at 7:00 (fellowship begins at 6:00 p.m.) for our next Gathering at Calvary. Bring a snack item to share. Gatherings are a way for us to keep the fire of our walk burning. The music will be great, Randy will bring us up to date on Community events, and there's always the chance that a turtle might show up - who knows.

Pilgrim and team application deadlines are fast approaching for the spring walks. You'll find the dates and instructions on how to get the forms elsewhere in this issue, and, of course, they are always available at the gatherings.





# Green Eggs and Ham

## . . . or God's Preventient Grace

I don't know this for sure, but I'm inclined to believe that Dr. Seuss may well have been an Emmaus Alumni. I have always loved the good Doctor's way with words, and the simple, yet direct way that he made some of life's most important points understandable to me.

Prevenient Grace was perhaps the most important talk I heard on my weekend. Now far be it from me to suggest that our own Dr. Stanley Harrell, who delivered that talk, bears any resemblance to Dr. Seuss, but he certainly made the concept of God's relentless love very clear to me.

OK, but *green eggs and ham*? Consider this little excerpt from the book:

*"Do you like green eggs and ham?  
I do not like them, Sam-I-am.  
I do not like green eggs and ham.*

*Would you like them here or there?*

*I would not like them here or there.  
I would not like them anywhere. "*



If you remember the book, you'll recall that the character Sam-I-am chased the hapless hero of the story relentlessly, demanding of him at every turn, "Do you like green eggs and ham?" No matter how hard the harried hero tried, he could not escape Sam-I-am who persisted and never gave up. You see, Sam knew that if he would only try the colorful concoction, he would love it. After a merry chase across the country, through mountains, railroads, and other obstacles, Sam finally corners our hero, who in desperation to rid himself of the pest, tastes the green eggs and ham. We read:

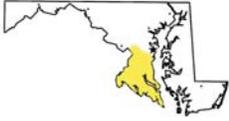
*"I do so like  
green eggs and ham!  
Thank you!  
Thank you, Sam-I-am!"*



Isn't that precisely the message of God's Preventient Grace? God chasing us, and going before us, always knocking on our door, offering his love and his grace while we continually refuse to accept it. Well Sam-I-am, oops, God, I mean, caught up with me on my Emmaus Walk. Dr. Harrell may not be able to rhyme, but he convinced me that if I tried God's love, and accepted his grace and forgiveness, I'd like it. You know what?

*"I do so like  
God's grace and love  
Thank you, thank you, God above."*





"Walk in the Light" - Southern Maryland Emmaus  
Visit us on the web at [www.somdemmaus.org](http://www.somdemmaus.org)

Please note: new website is under construction - check back often

*"Were not our hearts burning within us while He was speaking to us on the road, while He was explaining the Scriptures to us?"*

Luke 24:32

Information on the Southern Maryland Walk to Emmaus, as well as pilgrim and team applications may be found on our website:  
[www.somdemmaus.org](http://www.somdemmaus.org)

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### *On the Path*

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La Plata, Md. 20646



Time Sensitive Material