



On the Path



The Newsletter of the Southern Maryland Emmaus Community

July, 2005 Walk In the Light Volume 5 Issue 7

Results Are In! New Board Members Selected

The votes have been cast and the results are in! Congratulations to the newest members of the Southern Maryland Emmaus Board of Directors, they are:

Roy Downs Clark Holmes Ruth Dixon
Diane Walker Linda Flannagan John Carnes
Jacque Benjamin



These are the folks that have joined the board as your representatives to guide Southern Maryland Emmaus. They assume their duties July 16th at the board meeting and I hope they will also attend the Gathering afterwards. If you don't already know any of these folks please get introduced at one of the gatherings, they are your servants and are here to help you make Southern Maryland Emmaus bigger, better and stronger than ever.

The votes were counted by the election committee under the guidance of Outgoing Board Chair, Randy Headrick.

At the July Board meeting, work assignments will be discussed and given to the new members. There may be a shuffling of assignments among incumbent members as well. The community is reminded that all Board meetings are open and visitors are welcome to attend. Please plan on supporting the board as it begins its work for another year.

- Randy Headrick

Applications To Be Revised

The Board is in the process of approving changes to the format and look of the Pilgrim and Team applications in order to make them easier to complete, and to insure that all the information needed is properly collected. In the meanwhile, continue to use the existing forms.

As always, the forms will be available at gatherings, and can always be downloaded from the Southern Maryland Emmaus website: www.somdemmaus.org.

Now is the time to get your Pilgrim and Team applications in for the Fall walks. Don't delay. Sponsors are reminded to review the requirements for new pilgrims before submitting their applications. Sponsoring a person who is not ready for the Emmaus experience does a disservice to them and can influence the success of the weekend for all others.



Fall Walks

Men's Walk # 17 - Sept. 29 - Oct. 2, 2005

Women's Walk # 18 - Nov. 3 - Nov. 6

This Week: 7/04/05

Emmaus Community Stats
51 Weekends in
16 States and
2 Countries
20 Women's Weekends and
31 Men's Weekends



Sign up to pray for
our walks (and others)
online at:
www.3dayol.org/Vigil/

Pilgrim and Team Applications and this newsletter
may be downloaded from the web at www.somdemmaus.org
CLICK on "About Us" then CLICK "Documents"



Recurring Events of the Southern Maryland Emmaus Community

Events are held at Calvary United Methodist Church unless otherwise indicated
3235 Leonardtown Road, Waldorf, Maryland

Gatherings: 7:00 p.m. Fellowship 6:00 p.m. Next Gathering is July 16.

Gatherings are held monthly on the 3rd Saturday. The next Gathering will be July 16, 2005 at Calvary United Methodist Church in Waldorf.

Board of Directors Meeting: 3:30 p.m July 16, 2005

Board meetings are held prior to the Gathering on the 3rd Saturday of each month. The next board meeting will be July 16.

4th Day Seminars

The 4th Day Seminars are held in the spring and in the fall following the men's and women's walks. The next seminar is scheduled for Saturday, November 19, at 4:00 p.m. Attendance at a 4th Day Seminar is required in order to sponsor pilgrims, and highly recommended for those who wish to team.



Southern Maryland Emmaus Community Reunion & Accountability Groups

The Reunion Group Coordinator, Valerie Arends, would like to hear about any active Groups in Southern Maryland. If you are having difficulty finding a Reunion Group, contact Valerie Arends, varends@comcast.net. Experience the 4th Day feeling with your fellow Emmaus travelers.

Bethel UMC, Upper Marlboro
Men Wednesday - 6:00 p.m.
Women Wednesday - 6:00 p.m.

Calvary UMC, Waldorf
Men Tuesday - 7:15 p.m.
Women Thursday - 5:00 p.m. (Panera's)

First UMC, Laurel
Men Saturday - 7:00 a.m.
Women Saturday - 8:30 a.m.
Men Sunday - 12:30 p.m.
Women Sunday - 6:30 p.m.

Lexington Park UMC
Men Thursday - 12:00 p.m.
Women Thursday - 12:00 p.m.

Waters UMC, St. Leonard
Pastors Tuesday - 1:00 p.m.

Common Grounds Coffee Shop, Pr. Frederick
Men Friday - 7:30 a.m.
Women Friday - 6:15 a.m.

Lexington Park UMC, Lexington Park
Men Sunday - 6:00 p.m.
Women Sunday - 6:00 p.m.

Good Shepherd UMC, Waldorf
Women Tuesday 7:30 p.m.
Call 301-653-7570 for directions (not at church)

Southern Calvert County Region
Southern Pines Community Center Senior's Lounge
Women Saturday - 9:00 a.m.

Living Springs Christian Fellowship, Bowie
Co-ed Tuesday - 6:00 p.m.

www.somdemmaus.org

Have you registered yet? You need to register in order to access the members only area of our new website. This area will have items of interest to our members, as well as profiles of all those who have registered. Let us know what you would like to see in the members area as well as the public areas of the site. Register today.



On The Path

Deadline for next issue is August 2, 2005. The preferred method of submission is as an MSWord document file or a WordPerfect file sent via e-mail to the following address: Newsletter@somdemmaus.org. Very short articles or notes may be sent in the body of the e-mail message. Please send your comments and recommendations as well to the editor, Dan Brennan, at the e-mail address above.



Southern Maryland Emmaus - Leadership & Service



Board of Directors

Personal information contained in this newsletter is intended for Emmaus activities only, and will not be released to other organizations for any reason.

Randy Headrick <i>Board Chair</i>	301-475-3278	RDHeadrick@usa.net
Marilynne Landweer <i>Vice Chair</i>	301-374-9333	mlandweer@verizon.net
Jane Beswick <i>Secretary/Gtherings</i>	301-934-5344	jbeswick@aaahawk.com
John Bohner <i>Treasurer</i>	301-934-5344	jbohner@aaahawk.com
Valerie Arends <i>Childcare/Reunions</i>	410-286-3335	varends@comcast.net
Dan Brennan <i>Communications</i>	301-934-0334	dbrennan@aaahawk.com
Jeannette Findley <i>Director at Large</i>	301-475-3381	findleyjm@gmpexpress.net
Lynn Glassbrook <i>Asst. Spiritual Director</i>	410-414-8109	lglassbrook@earthlink.net
Stanley Harrell <i>Director at Large</i>	301-449-6307	sharrell@crosslink.net
Carol Lanzi <i>Registrar</i>	301-862-9521	cblanzi2@verizon.net
Len Lent <i>Event Coord/Directory</i>	301-475-8207	mlent@hotmail.com
Sara Martin <i>Agape/Support Director</i>	301-863-7537	saramartin@gmpexpress.net
Daniel Montague <i>Community SD</i>	410-586-0432	Daniel.mont@juno.com
Beverly Raynor <i>Director at Large</i>	301-604-0909	morningglory992000@yahoo.com
Henry Rowe <i>Music Director</i>	301-769-4637	nhrowe@hotmail.com
Laura Yax <i>Team Selection Chair</i>	410-535-4665	lkyax@comcast.net
Clark Holmes	410-798-8393	Janmhol@verizon.net

On The Path

Is the newsletter of the Southern Maryland Emmaus Community. Published monthly by e-mail, distributed by the Point of Contact for each participating church, and available on the Southern Maryland Emmaus website.

Southern Maryland Emmaus is affiliated with the International Emmaus Movement of The Upper Room, Nashville, Tn. Emmaus is a program offering of Upper Room Ministries of The United Methodist Church. Our purpose is to inspire, challenge, and equip church members for Christian Action.

Please contact the POC for your church as listed in this newsletter if you are not receiving the newsletter. If your church does not currently have a POC, please prayerfully consider volunteering for that role.

Contact the Editor if you need a copy sent via snail mail.

NOTE: The newly elected board will be shown in our next issue - August, 2005 once assignments have been made.



Coming Out of the Shadows

I'm afraid Mark Felt has ruined it for all of us who had hoped to keep our identities secret. When he admitted recently to being the long sought after "Deep Throat" of Watergate fame, the public's thirst for the identities of other mysterious figures became insatiable. And so, I find myself today ready to step out of the shadows.

Now unlike Mr. Felt, I did not bring down a President, or catapult unknown journalists to national fame. But I may have caused similar consternation and much speculation in the Emmaus community through my many unsigned articles in this newsletter.

Still not sure who I am? Okay, it's me, Dan Brennan. There, I've said it, and I feel as if a huge burden has been lifted from my shoulders. No longer need I write from behind closed doors, or hide my notes from a curious wife.

A newsletter needs news to be interesting, or in the absence of news, feature articles to make it worth reading. As Editor of *On The Path*, my job is to provide that material when it is not readily available elsewhere. When news is light, or material from the community not provided, I allowed my imagination to fill in the blank columns in each month's issue.

Most often I would simply print the articles without a byline -not really to be secretive, but in a spirit of any-

mous servanthood. I really did not want to call attention to myself.

Still, I understand how articles and opinions often written in the first person need to be attributable to someone. And so, now you can go back and reread those articles that may have raised your blood pressure and know exactly who was responsible.

Future articles will be appropriately labeled as being submitted by the "Editor."

Of course, one way to keep the number of "Editor" written articles to a minimum is to submit material of your own. Be a contributor to your community. Send your articles via e-mail to:

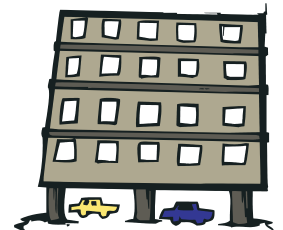
communications@somdemmaus.org

MSWord format is preferred, but we can handle just about anything - except anonymous pieces. I'll look forward to your submissions.

And to Mr. Felt I say, thanks a lot pal!

Now if you'll excuse me, I have to get back to the parking garage. I've got a meeting with a couple of up and coming young journalists from the Upper Room.

- The Editor



Changes at Calvary UMC

Calvary, the host church for our gatherings, has said farewell to Pastor James E. Chance and his wife Wilmeta (both members of our community), as they retire after 39 years of service to the ministry.

While this is sad news for Calvary, we hope that it will enable them to spend more time with the Emmaus community. We look forward to seeing them on future teams.

At the same time, Calvary is pleased to announce that Pastor Robert D. Carter and his wife Carolyn have joined our church family.





Southern Maryland Emmaus - Leadership & Service

Most Southern Maryland Committees are chaired by members of the Board of Directors, but service on those committees is open to all community mem-

AGAPE Support Dir.	Sara Martin	Newsletter	Dan Brennan
Child Care	Jeannette Findley	Prayer Partner Coordinator	Jan Holmes
Community Historian	Jacque Benjamin	Prayer Vigil Coordinator	Kay Priest
Community Liaison	Valerie Arends	Registrar	Carol Lanzi
Comm. Spiritual Director	Daniel Montague	Reunion Group	Valerie Arends
Communications*	Dan Brennan	Supply	Dru McLaughlin
Entertainment	Dan Brennan	Team Selection Coordinator	Laura Yax
Facility Representative	Greg Sweitzer	Volunteer Coordinator	Sandy Hauenstein
Gathering Coordinator	Jane Beswick	Event Coordinator	Len Lent
Music Director	Henry Rowe		
Comm. Lay Director	Randy Headrick		

**Communications includes e-mail, P/POC, Web, Directory and Newsletter sub committees*

Dancing With the Stars

Have you been watching the hit show on ABC, *Dancing With the Stars*? It's OK to admit it. But I can understand why you might not. I laughed when I heard the title, and doubled over when I was told that boxer Evander Holyfield was going to be one of the celebrity dancers. I vowed not to watch. But one night while sitting in a friends house chatting (the TV was on), the show just happened to come on. Within a few minutes I was hooked.

I've always enjoyed watching ballroom dancing on PBS (OK, OK, so I'm not a macho man.) The graceful moves of the waltz, the excitement of the Pasa Doble, what's not to like?

Now the show had contestants ranging from the less than graceful Holyfield, daytime soap opera stars, so naturally I wasn't expecting much in the way of good dancing. I was wrong.

In point of fact, the dancing got better and better each week, and was real fun to watch.

As I watched this collection of different personalities progress from ungainly and awkward to polished and professional, I couldn't help but think of our Emmaus weekends.



On Thursday evening pilgrims arrive with diverse personalities, some may feel more than a little awkward. Some are frightened and fearful of being pulled from their comfort zones. Many may be wondering, "what have I gotten myself into/" At first glance the prospects for a great weekend can seem slim.

But something happens over the course of the walk, doesn't it? Just as the awkward celebrities began to find their feet, their rhythm, and their outer grace, so too, with the help of the Holy Spirit and the care and guidance provided by the team, the pilgrims begin to evolve into confident, comfortable, members of a small community and find the inner grace that comes from our Lord and Savior. They discover gifts and talents they may not have known they possessed.

And yes, even Evander Holyfield surprised viewers with a few steps that were worth watching.

Can't dance? Don't worry - join an Emmaus Team and watch the transformations.

- The Editor





Southern Maryland Emmaus - Prayer Points of Contact

This is the person to contact for newsletter distribution

***If your church is not listed, please volunteer to be the Prayer POC
send your name, e-mail address and telephone to newsletter@somdemmaus.org***

Calvary UMC	Phil Landweer	Phil.landweer@verizon.net	301-374-9333
Cedar Grove UMC	Jacque Benjamin	jfbnjzb@quixnet.net	410-257-2595
Emmanuel Baptist	Dick Fogg	upper12_4us@peoplepc.com	410-257-5015
Emmanuel UMC	Lynn Glassbrook	lglassbrook@earthlink.net	410-414-8109
Christ Episcopal Church	Mary Kercher	Mkercher@aol.com	301-934-5813
Corkran Memorial UMC	Stanley Harrell	sharrell@crosslink.net	301-449-6037
Faith Bible Church	Carol Lanzi	cblanzi2@verizon.net	301-862-9521
Faith UMC (Rockville)	Cindy Matter	cindymatter03@aol.com	301-926-7830
First UMC (Laurel)	Dave Meixner	themeixners@comcast.net	301-498-1728
Good Shepherd UMC	Linda Flanagan	lflanagan@ccboe.com	301-645-1375
Bethel UMC	Jan Holmes	janmhol@verizon.net	410-798-8393
Indian Head UMC	Melvin Grover	becky.grover@c21nm.com	
Leonardtwn Baptist Church	Carol Lanzi	cblanzi2@verizon.net	301-862-9521
Living Springs	Donna Young	dmy_psych@comcast.net	
Lexington Park UMC	Sandi Hauenstein	Sandi@hauenstein.com	301-994-3363
Marbury Baptist Church	Denise McConnell	dmccconnell@earthserve.com	301-743-6995
Olivet UMC	Sue Shorb Sterling	sues@intergate.com	410-394-0773
St. Paul UMC (Lusby)	Ruth Dixon	mese22@olg.com	410-326-3821
St. Paul's UMC (Leonardtwn)	Carol Lanzi	cblanzi2@verizon.net	301-862-9521
Shiloh UMC	Ron Brown	norrebel@comcast.net	
Smithville UMC	Kathy Massaro	emkm@chesapeake.net	410-257-1953
Trinity UMC	Valerie Arends	varends@comcast.net	410-286-3335
Trinity Baptist Waldorf)	Karen Smith	musicladykaren@yahoo.com	301-274-2504
Waters Memorial UMC	Dru McLaughlin	Lf1640@chesapeake.net	410-535-4313

Please Review

Please review the list above and help us to insure that your church is properly represented by an Prayer Point of Contact. If you spot errors or omissions, please e-mail the corrections to: communications@somdemmaus.org.



Well, the elections are over and our new Board of Directors will be seated in two weeks, and with that my term as your Southern Maryland Emmaus Board Chairman comes to an end. It has been a wonderful and exciting year, and I thank all of you for your support and

Fourth Day experience for each of the pilgrims as they continue their walk with Christ is awesome indeed. I'd like to extend my personal thanks to each and every pilgrim that walked on #13, #14, #15 and #16 for the experience of getting to know you all just a little, and for letting us into your lives in such a personal and heart felt way. As the Weekend Lay Director for men's walk #13 I was doubly blessed as both the Weekend Lay Director and the Community Lay Director. I was able to participate in the whole weekend and then welcome the men of #13 to the community at closing. What a wonderful and rewarding experience that was.

prayers during my term as Board Chair and Community Lay Director. It was an honor to serve you and quite a learning experience too. I had the pleasure of serving with a loving and caring group of Christians on the board, and we worked hard to make Southern Maryland Emmaus even better. Many tough issues were brought to us this past year and I think we dealt with each one with prayerful consideration and I hope we chose the correct course of action for each.

My special thanks to "my board" for all the hard work and dedication you demonstrated this past year. You are all talented and giving folks and it was a gift from God to be allowed to work with you for this term. I know that as I leave you are just getting up a good head of steam, and that as a board and as individuals you will go on to do even greater things for the community in the years to come. My deepest heartfelt thanks, and "well done good and faithful servant."

As your Community Lay Director I was deeply involved in all the walks this past year, and in every case the pilgrims bloomed, the candlelight walks were awesome and the closing were always spiritual and moving. Having the opportunity to serve each of the walks was especially important and rewarding to me. I really do believe the walks are the "beginning of the beginning", and the knowledge of what is yet to come in the

Now that we have completed the 2005 elections, a new Board Chair and Community Lay Director will be elected at the next board meeting on July 16th. I hope you will support the new Board Chair with the love and kindness you have shown to me this past year. God Bless you all and DeColores!

Randy

They Call Them "Gatherings" You Know

Our gatherings have been great over the past few months. Lots of people, great music, snacks, child care, great speakers, wonderful messages, opportunity for Communion with the Lord. So why haven't you been to one lately?

You know who you are. You're a member of the Southern Maryland Emmaus Community - I know this because you're on our membership list and I send you a newsletter each month. But I've missed seeing you at the gatherings.

I hope you're busy being an active leader or participant in your local church - that is, after all, what Emmaus is all about - supporting the local church. Still, it would be nice if you could join us. Imagine the

beautiful music we would make with your voice added to the rest.

Jane Beswick is our gatherings coordinator, and does a wonderful job of setting up the evenings, and she has a place reserved for you and your family. Come join us and renew that spirit that was with you when you completed your walk.

Sponsors, pick up your pilgrims and bring them with you. Let's continue to fill the fellowship hall at Calvary with our brothers and sisters.

- The Editor

Why Does the Grass Grow?

I'm no theologian, but I'm reasonably sure that there was no Home Depot, Sears, or Lowes back when Adam and Even were enjoying the Garden of Eden. I'm equally sure, however, that there was grass.

When the first couple was unceremoniously thrown out of paradise (where I'm convinced the grass never had to be cut) they were punished with the promise of having to bear children, work the fields, and assorted other difficult tasks, including mowing the lawn.

Surely a God who made the heavens and the earth could have easily commanded the grass to stop growing at a nice neat two inches. So why are millions of us sweating over a hot lawnmower every other weekend?

I think it's God's way of forcing us to pay more attention to the world He's given us. I know He's not happy with me. I usually limit myself to two visits to the out-

doors each year: one in the spring to turn on the sprinkler system, and one in the fall to turn it off.

When we cut our lawns then watch the miracle of growth, we are reminded that all things are renewed in God. When we see our lives grow confused and tangled like an unkempt lawn, we are reminded that through Him, we can be revived and strengthened, and the confusion dispelled.



We are fertile soil in which God plants the seeds of his Kingdom, and it is our relationship with Jesus Christ that keeps us spiritually fit and trim, much as we maintain our lawns with

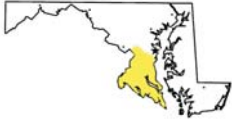
the tools provided by Sears, Home Depot, etc.

Still, I wouldn't mind if the grass grew just a little bit more slowly. But you'll have to excuse me, I have to go out and start the lawn mower for my wife. I told her not to eat that apple.

- The Editor

And behold, two of them were going that very day to a village named Emmaus, which was about seven miles from Jerusalem. And they were talking with each other about all these things which had taken place. While they were talking and discussing, Jesus Himself approached and began traveling with them.





"Walk in the Light" - Southern Maryland Emmaus
Visit us on the web at www.somdemmaus.org

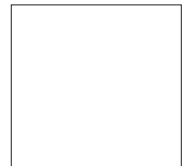
"Were not our hearts burning within us while He was speaking to us on the road, while He was explaining the Scriptures to us?"

Luke 24:32

Information on the Southern Maryland Walk to Emmaus, as well as pilgrim and team applications may be found on our website:
www.somdemmaus.org

On the Path

1005 Norfolk Dr.
La Plata, Md. 20646



Time Sensitive Material