



On the Path



The Newsletter of the Southern Maryland Emmaus Community

May, 2005 Walk In the Light Volume 5 Issue 5

Community welcomes Pilgrims from Walk 15

A well attended closing on Sunday, May 1, marked the introduction of the latest group of pilgrims to the community which had been praying for them over the course of their weekend. Being a men's walk, things were running pretty much on schedule (he said with a grin), and the pilgrims entered the dining room to the sounds of voices singing *When the Saints Go Marching In*. The success of weekend was evident in the smiles on the faces of the new members of our community.

Weekend Lay Director Len Lent spoke to the assembled community and then presented the members of the walk. One by one they took the podium and answered the questions "What has this weekend meant to me?", and "What am I going to do about it?" For many of us in the community, this is the highlight of closing, the moment when the fruit of all the prayers, and hard work, and the evidence of the Holy Spirit is seen. And we were not disappointed.

There was, of course, communion, and fellowship and plenty of singing, and the requisite amount of hugging as friends old and new met and recalled experiences from their own walk.

While it was wonderful to see so many of us there, I found myself wondering about all those community members who were not present. Of course there are many reasons that can keep us from being at a particular event at a particular time, but I think about our gatherings also, and wonder if we're doing all we can to insure that our brothers and sisters are reminded that they are missed.

I encourage all of the Southern Maryland community to become regulars at our gatherings and weekend events. Let's make it a habit to invite someone we haven't seen for a while.

The pilgrims of Walk 15 are invited to become active members of the community. Volunteer to serve on the Board of Directors (elections are coming up shortly), plan on teaming on a future walk, join the music team at our gatherings, or just come and be a part of it all. Your weekend was just the beginning.

See you all at the 4th Day Seminar on May 21.

The Upper Room Prayer Center Phone: 1-800-251-2468

If you are in need of special prayer, please remember The Upper Room Prayer Center.

You may call at any time. The Prayer lines are answered by volunteers 24 hours a day, 365 days a year.



Fall Walks

Men's Walk # 17 - Sept. 29 - Oct. 2, 2005

Women's Walk # 18 - Nov. 3 - Nov. 6

This Week: 5/09/05

Emmaus Community Stats
72 Weekends in
23 States and
5 Countries
14 Women's Weekends and
58 Men's Weekends



**Sign up to pray for
our walks (and others)
online at:
www.3dayol.org/Vigil/**

**Pilgrim and Team Applications and this newsletter
may be downloaded from the web at www.somdemmaus.org
CLICK on "About Us" then CLICK "Documents"**



Recurring Events of the Southern Maryland Emmaus Community

Events are held at Calvary United Methodist Church unless otherwise indicated
3235 Leonardtown Road, Waldorf, Maryland

Gatherings: 7:00 p.m. Fellowship 6:00 p.m. Next Gathering is May 21.

Gatherings are held monthly on the 3rd Saturday. The next Gathering will be May 21, 2005 at Calvary United Methodist Church in Waldorf. No gathering in April (Men's Walk_

Board of Directors Meeting: 3:00 p.m May 21, 2005

Board meetings are held prior to the Gathering on the 3rd Saturday of each month. The next board meeting will be March 19, 2005. Note change in time due to 4th Day Seminar.

4th Day Seminars

The 4th Day Seminars are held in the spring and in the fall following the men's and women's walks. The next seminar is scheduled for Saturday, May 21 at 4:00 p.m. Attendance at a 4th Day Seminar is required in order to sponsor pilgrims, and highly recommended for those who wish to team.



Southern Maryland Emmaus Community Reunion & Accountability Groups

The Reunion Group Coordinator, Valerie Arends, would like to hear about any active Groups in Southern Maryland. If you are having difficulty finding a Reunion Group, contact Valerie Arends, varends@comcast.net. Experience the 4th Day feeling with your fellow Emmaus travelers.

Bethel UMC, Upper Marlboro
Men Wednesday - 6:00 p.m.
Women Wednesday - 6:00 p.m.

Calvary UMC, Waldorf
Men Tuesday - 7:15 p.m.
Women Thursday - 5:00 p.m. (Panera's)

First UMC, Laurel
Men Saturday - 7:00 a.m.
Women Saturday - 8:30 a.m.
Men Sunday - 12:30 p.m.
Women Sunday - 6:30 p.m.

Lexington Park UMC
Men Thursday - 12:00 p.m.
Women Thursday - 12:00 p.m.

Waters UMC, St. Leonard
Pastors Tuesday - 1:00 p.m.

Common Grounds Coffee Shop, Pr. Frederick
Men Friday - 7:30 a.m.
Women Friday - 6:15 a.m.

Lexington Park UMC, Lexington Park
Men Sunday - 6:00 p.m.
Women Sunday - 6:00 p.m.

Good Shepherd UMC, Waldorf
Women Tuesday 7:30 p.m.
Call 301-653-7570 for directions (not at church)

Southern Calvert County Region
Southern Pines Community Center Senior's Lounge
Women Saturday - 9:00 a.m.

Living Springs Christian Fellowship, Bowie
Co-ed Tuesday - 6:00 p.m.

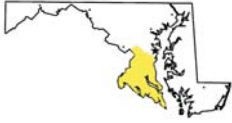
www.somdemmaus.org

Have you registered yet? You need to register in order to access the members only area of our new website. This area will have items of interest to our members, as well as profiles of all those who have registered. Let us know what you would like to see in the members area as well as the public areas of the site. Register today.



On The Path

Deadline for next issue is June 4, 2005. The preferred method of submission is as an MSWord document file or a WordPerfect file sent via e-mail to the following address: Newsletter@somdemmaus.org. Very short articles or notes may be sent in the body of the e-mail message. Please send your comments and recommendations as well to the editor, Dan Brennan, at the e-mail address above.



Southern Maryland Emmaus - Leadership & Service



Board of Directors

Personal information contained in this newsletter is intended for Emmaus activities only, and will not be released to other organizations for any reason.

Randy Headrick <i>Board Chair</i>	301-475-3278	RDHeadrick@usa.net
Marilynne Landweer <i>Vice Chair</i>	301-374-9333	mlandweer@verizon.net
Jane Beswick <i>Secretary/Gtherings</i>	301-934-5344	jbeswick@aaahawk.com
John Bohner <i>Treasurer</i>	301-934-5344	jbohner@aaahawk.com
Valerie Arends <i>Childcare/Reunions</i>	410-286-3335	varends@comcast.net
Dan Brennan <i>Communications</i>	301-934-0334	dbrennan@aaahawk.com
Jeannette Findley <i>Director at Large</i>	301-475-3381	findleyjm@gmpexpress.net
Lynn Glassbrook <i>Asst. Spiritual Director</i>	410-414-8109	lglassbrook@earthlink.net
Stanley Harrell <i>Director at Large</i>	301-449-6307	sharrell@crosslink.net
Carol Lanzi <i>Registrar</i>	301-862-9521	cblanzi2@verizon.net
Len Lent <i>Event Coord/Directory</i>	301-475-8207	mlent@hotmail.com
Sara Martin <i>Agape/Support Director</i>	301-863-7537	saramartin@gmpexpress.net
Daniel Montague <i>Community SD</i>	410-586-0432	Daniel.mont@juno.com
Beverly Raynor <i>Director at Large</i>	301-604-0909	morningglory992000@yahoo.com
Henry Rowe <i>Music Director</i>	301-769-4637	nhrowe@hotmail.com
Laura Yax <i>Team Selection Chair</i>	410-535-4665	lkyax@comcast.net
Clark Holmes	410-798-8393	Janmhol@verizon.net

On The Path

Is the newsletter of the Southern Maryland Emmaus Community. Published monthly by e-mail, distributed by the Point of Contact for each participating church, and available on the Southern Maryland Emmaus website.

Southern Maryland Emmaus is affiliated with the International Emmaus Movement of The Upper Room, Nashville, Tn. Emmaus is a program offering of Upper Room Ministries of The United Methodist Church. Our purpose is to inspire, challenge, and equip church members for Christian Action.

Please contact the POC for your church as listed in this newsletter if you are not receiving the newsletter. If your church does not currently have a POC, please prayerfully consider volunteering for that role.

Contact the Editor if you need a copy sent via snail mail.

Men's Walk 15



Women's Walk 16

Team:

Walter Beaudwin
John Benjamin
Steve Boggs
Michael Chaney
Roy Downs
Pat Goodwin
Randy Headrick
Joe Hedegus
Clark Holmes
Lenny Lent
Russ Martin
Dale Merkle
Chris Owens
Dan Pazdersky
Henry Rowe
Ken Walker
Rob young
Darryl Zoller

Pilgrims

David Sloan
Mark Houff
George Tsamoutales
Steve Marshall
Robert Walker Jr.
Matthew Pelto
David Lambert
Bud Campbell
Ron Schultz Jr.
Mylo Wattenford
Bright Thompson
Gary Cox
Rob Wright
Rich Weaver
Kobey Ruppert
John Walker
Wayne Burdick
Jeff Nalls

Team

Mary Constable
Teresa Crouch
Ruth Dixon
Jeannette Findley
Lynn Glassbrook
Janet Goodwin
Elizabeth Harrell
Wendy Headrick
Kim Houff
Marilynne Landweer
Judy Lindley
JDru McLaughlin
Cheryl Merkle
Mary Minnis
Angela Montague
Daniel Montague
Jeanne Parr
Carol Pazdersky
Laura Yax

Pilgrims

Frances Badman
Suzanne Bowman
Bev Burdick
Lory Cantin
Sue Carreiro
Karen Coucill
Gloria Hutchins
Tina Hutchins-Robinson
Kelly Imhoff
Mary Joyner
Dee Lambert
Celeste marshall
Annice Mattingly-Weaver
Dasher Millman
Marie Muller
Anne Pelto
Melinda Ruppert
Sheila Russell
Bonnie Thompson
Julie Tsamoutales
Darlene Wilkerson
Maria Winter
Sandy Woomer
Kathie Wright

Just Pull Out the Inserts How to avoid getting involved in Church

At Calvary our Sunday Bulletins usually consist of an outside 4 page section that contains the order of worship, and a center pullout section that contains prayers, announcements, upcoming events, calendars, and all of the other things that go in inside a church. Some weeks I look forward to reading the details, other weeks, I just can't seem to handle it all.

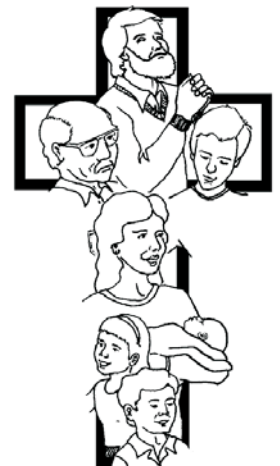
With church it's easy to avoid getting involved. Just pull out those pesky inserts and toss them away. After all, if you don't know what's going on, you can't be faulted for not being a part of it, now can you?

Life isn't quite so simple. Oh you can ignore the little details that are constantly tugging at your for attention, but they always come back to haunt you. There is really only one thing to do, and that's meet them head on.

Our Emmaus Walk teaches us that we are to be the hands and feet of Christ, that we are to return to our churches energized and ready to be leaders. We don't have the luxury of being able to "throw away the inserts".

But we are surrounded by fellow pilgrims who are ready to be a part of the Body of Christ as well, so our tasks are never more than we can handle. The Body of Christ is strong because each of us lends his or her individual strength creating a powerful force for advancing God's message.

So read those inserts and look for opportunities to put your faith to work at your church and in your daily life.





Southern Maryland Emmaus - Leadership & Service

Most Southern Maryland Committees are chaired by members of the Board of Directors, but service on those committees is open to all community mem-

AGAPE Support Dir.	Sara Martin	Newsletter	Dan Brennan
Child Care	Jeannette Findley	Prayer Partner Coordinator	Jan Holmes
Community Historian	Jacque Benjamin	Prayer Vigil Coordinator	Kay Priest
Community Liaison	Valerie Arends	Registrar	Carol Lanzi
Comm. Spiritual Director	Daniel Montague	Reunion Group	Valerie Arends
Communications*	Dan Brennan	Supply	TBD
Entertainment	Dan Brennan	Team Selection Coordinator	Laura Yax
Facility Representative	Greg Sweitzer	Volunteer Coordinator	Sandy Hauenstein
Gathering Coordinator	Jane Beswick	Event Coordinator	Len Lent
Music Director	Henry Rowe		
Comm. Lay Director	Randy Headrick		

**Communications includes e-mail, P/POC, Web, Directory and Newsletter sub committees*

4th Day Seminar - May 21, 4:00 p.m. - A Must For New Pilgrims



Our fall 4th Day Seminar will be held before the Gathering on May 21, at Calvary UMC in Waldorf. Sponsors, remember that you have an obligation to bring your pilgrims. The seminar is a requirement for sponsorship, and highly recommended for future team participation.

Please join me in welcoming the newest members of the Southern Maryland Emmaus community, the men of walk #15. Welcome guys!! We hope your weekend was wonderful and all you wanted it to be, and we all hope to see you the 21st of May at the next 4th day and Gathering.

From my perspective w had a wonderful weekend, God was there and WE showed up! The rain threatened us several times but we managed to get both candlelight and closing done without getting wet.

Somehow the lowly “Twinkie” snack cake ended up in a talk and on a poster, suddenly it was part of our lexicon and I think I took the very last one to closing. We ate too much (surprise) and Henry even wrote us a song “I can’t eat no more” that was an instant hit. Maybe if we pester him we will hear it again at the Gathering.

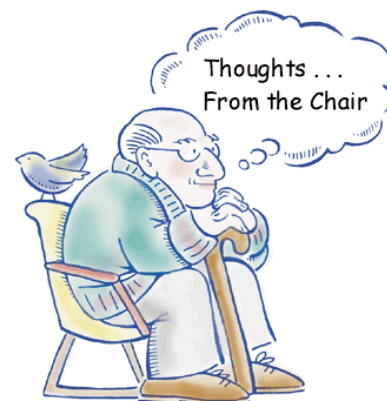
In the near future you will have an opportunity to vote for a new slate of board members. We have gathered a

well qualified and willing bunch of volunteers, and I think they will make great additions to the Southern Maryland Board of Directors. My 3 years on the board have been fun and were a valuable part of my Emmaus experience, now its time for a new Board to take over in July.

Remember our next 4th Day, potluck and Gathering is May 21st. The 4th day starts at 4pm with a potluck at 6pm and the Gathering at 7pm. See you there!

DeColores,

Randy





Southern Maryland Emmaus - Prayer Points of Contact

This is the person to contact for newsletter distribution

***If your church is not listed, please volunteer to be the Prayer POC
send your name, e-mail address and telephone to newsletter@somdemmaus.org***

Calvary UMC	Phil Landweer	Phil.landweer@verizon.net	301-374-9333
Cedar Grove UMC	Jacque Benjamin	jfbnjzb@quixnet.net	410-257-2595
Emmanuel Baptist	Dick Fogg	upper12_4us@peoplepc.com	410-257-5015
Emmanuel UMC	Lynn Glassbrook	lglassbrook@earthlink.net	410-414-8109
Christ Episcopal Church	Mary Kercher	Mkercher@aol.com	301-934-5813
Corkran Memorial UMC	Stanley Harrell	sharrell@crosslink.net	301-559-6037
Faith Bible Church	Carol Lanzi	cblanzi2@verizon.net	301-862-9521
Faith UMC (Rockville)	Cindy Matter	cindymatter03@aol.com	301-926-7830
First UMC (Laurel)	Dave Meixner	themeixners@comcast.net	301-498-1728
Good Shepherd UMC	Linda Flanagan	lflanagan@ccboe.com	301-645-1375
Bethel UMC	Jan Holmes	janmhol@verizon.net	410-798-8393
Indian Head UMC	Melvin Grover	becky.grover@c21nm.com	
Leonardtwn Baptist Church	Carol Lanzi	cblanz2@verizon.net	301-862-9521
Living Springs	Donna Young	dmy_psych@comcast.net	
Lexington Park UMC	Sandi Hauenstein	Sandi@hauenstein.com	301-862-2026
Marbury Baptist Church	Denise McConnell	dmccconnell@earthserve.com	301-743-6995
Olivet UMC	Sue Shorb Sterling	sues@intergate.com	410-394-0773
St. Paul UMC (Lusby)	Ruth Dixon	mese22@olg.com	410-326-3821
St. Paul's UMC (Leonardtwn)	Carol Lanzi	cblanzi2@verizon.net	301-862-9521
Shiloh UMC	Ron Brown	norrebel@comcast.net	
Smithville UMC	Kathy Massaro	emkm@chesapeake.net	410-257-1953
Trinity UMC	Valerie Arends	varends@comcast.net	410-286-3335
Trinity Baptist Waldorf)	Karen Smith	musicladykaren@yahoo.com	301-274-2504
Waters Memorial UMC	Dru McLaughlin	Lf1640@chesapeake.net	410-535-4313



Have you ever felt led to sponsor someone in another community, but didn't know how to go about it?

One of the great things about being in the Emmaus Community is that there really are no limits to what we, as a member of the Body of Christ, can do.

After my walk, I felt that my brother (Chuck), who lives near Philadelphia, would be a good candidate for the Walk. After much prayer, and discussion with him, and my husband (Tom), we determined that he did want to take the Walk, and Tom and I started to work on how we could accomplish this. Did you know that you could go to the UPPER ROOM web site and search for communities? Or just enter Walk to Emmaus on a GOOGLE search. You'll be amazed at what you find. Most sites identify a point of contact (POC) for that particular community, along with some information regarding the areas served by that community.

Once I found the Crossroads Community in Southeastern Pennsylvania, I contacted the POC (Bob) by email, letting him know what I wanted to do. Bob quickly responded to my email by calling us. I needed someone who was willing to work with me to get Chuck to the Walk. While I was sponsoring, I knew there was no way I could physically get him to the opening on Thursday night. Bob agreed to get Chuck to the Walk, and made sure I had all the information I needed to start the ball rolling. He provided the forms required, introduced himself to Chuck, and did all the preliminary type work for me, including taking Chuck to lunch to get to know him, and dinner on Thursday night. We mailed personal and general Agape to him, and he made sure it got where it needed to be. He and his wife Jan, opened their arms, hearts, and home to us for our trip north for Candlelight and Closing. That's true Agape?inviting total strangers to stay in your home. But, we really aren't total strangers, are we? Remember Koinonea?

We drove to PA on Saturday morning to attend Candlelight that evening. I'll admit, I was nervous. I had never actually met Bob and Jan, and while they had tried to describe themselves to me, I wasn't sure how we would find them that evening. How would we be accepted? We were sure we didn't know anyone else who was going to be there. Would the members of the Com-

munity welcome us? Did they do everything the way we do here in Southern Maryland? From the moment we got to the camp, and entered the gymnasium we felt nothing but warmth and welcome from the folks we met. The first couple we approached hugged us as if we were old friends, and helped us find Bob and Jan.

There were about 300 people gathered for Candlelight that evening, and from the first moment we got there, we were part of the family. We were introduced as our brother and sister from our sister community in Southern Maryland?. The next night, at closing, we were again welcomed with open hearts and arms. It is such a great feeling to know that you are truly loved by individuals who know only that you are a fellow believer. We ended our trip home with a shared dinner with Bob, Jan, Chuck, and about 20 other wonderful brothers and sisters.

Did they do everything exactly as we do? No, but isn't that what makes life interesting? Tom and I highly recommend reaching out beyond geographical boundaries to other Communities. It is a great experience, and one you won't soon forget! So, reach out and touch someone!

DeColores!

Carol Lanzi



Learn more about sponsorship - pick up a copy of this booklet at our next gathering.

Where's DeLores? Can you find the famous rooster from the song of the same name?
Answer at bottom of page



A



B



C



D



E

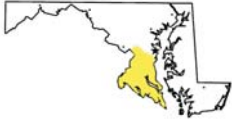


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And behold, two of them were going that very day to a village named Emmaus, which was about seven miles from Jerusalem. And they were talking with each other about all these things which had taken place. While they were talking and discussing, Jesus Himself approached and began traveling with them.



ANSWER IS "E"



"Walk in the Light" - Southern Maryland Emmaus
Visit us on the web at www.somdemmaus.org

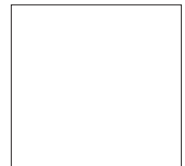
"Were not our hearts burning within us while He was speaking to us on the road, while He was explaining the Scriptures to us?"

Luke 24:32

Information on the Southern Maryland Walk to Emmaus, as well as pilgrim and team applications may be found on our website:
www.somdemmaus.org

On the Path

1005 Norfolk Dr.
La Plata, Md. 20646



Time Sensitive Material