



On the Path



The Newsletter of the Southern Maryland Emmaus Community

October, 2005 Walk In the Light Volume 5 Issue 10

Keeping Connected

Lately, as we've started the team work for the fall Women's Weekend, I've been excited to see so clearly that God is at work (yet again!). With wonderful, focused leadership and a great spirit among the team members, the anticipation builds. But it also reminds me once more how big the job is ... how impossible in our own strength to touch lives as God wants ... and how dependent we are on God every step of the way. For me, it's a call to deeper prayer and expectancy.



One of the passages that's been speaking to me is 1 Kings 19. It's the story of Elijah's flight to the wilderness, and his experience of God in the cave at Mt. Horeb. It's also the story of someone at the end of his rope. That in itself is amazing, because it's just had a huge "win" over the priests of Baal on Mt. Carmel – Elijah was the catalyst for a dramatic demonstration of God's power. But suddenly, in the midst of what should have been a spiritual "high", we see him broken and ready to quit.

Elijah's isolated. He's frightened, seeing how impossibly huge the job of turning the people back to God really is. He's exhausted, and requires special TLC from an angel just to make his journey. He's resentful, and angrily asserts to God that he's the only really faithful person around: the whole load is on him, and now everyone is out to get him. He's fed up, and he's done – or at least, *he* thinks he is!



But as he pours out his problems to God, Elijah gets refocused. He feels God's care for him, and reconnects with God's voice in his life. He is sent to meet up with a young man named Elisha, who will be his suc-

cessor as Israel's main prophet. That will be an important relationship for both men: the older prophet regaining his hope in his people's future, and the younger one learning what it means to be set apart for God's work. Their leadership will prove very different: where Elijah was more about big-picture pyrotechnics, Elisha had a decidedly personal touch. But between them, God wrote an indispensable chapter in the salvation history of Israel ... and ours, too.

Keeping connected is so important. When I'm isolated, I begin to think and act a bit like Elijah. "I'm tired." "Where is everyone? Why is it just *me*, Lord?" "This job is too big ... no, it's impossible!" But that's why God calls us to special time each Fourth Day with our Father. It's why God gives us people to share the journey with, so that both we and they are encouraged ... and a door is opened for God's power to touch lives.

Whether you're working in a focused way toward a weekend, or just seeking to make your Fourth Day a faithful one, the ABC with God and the community is: Always Be Connected!



Charles Harrell



Fall Walks

Men's Walk # 17 - Cancelled

Regrettably, the Men's Walk had to be cancelled due to insufficient pilgrim applications. Those received will be carried over to the Spring Walk. Please prayerfully consider sponsoring in the Spring.

Women's Walk # 18 - Nov. 3 - Nov. 6

Weekend Lay Director: Sara Martin

This Week: 10/10/05

Emmaus Community Stats
138 Weekends in
31 States and
4 Countries
88 Women's Weekends and
50 Men's Weekends



Sign up to pray for
our walks (and others)
online at:
www.3dayol.org/Vigil/

Pilgrim and Team Applications and this newsletter
may be downloaded from the web at www.somdemmaus.org
CLICK on "About Us" then CLICK "Documents"



Recurring Events of the Southern Maryland Emmaus Community

Events are held at Calvary United Methodist Church unless otherwise indicated
3235 Leonardtown Road, Waldorf, Maryland

Gatherings: 7:00 p.m. Fellowship 6:00 p.m. Next Gathering - October 15.

Gatherings are held monthly on the 3rd Saturday. The next Gathering will be October, 2005 at Calvary United Methodist Church in Waldorf.

Board of Directors Meeting: 3:30 p.m October 15, 2005

Board meetings are held prior to the Gathering on the 3rd Saturday of each month. The next board meeting will be October 15.

4th Day Seminars

The 4th Day Seminars are held in the spring and in the fall following the men's and women's walks. The next seminar is scheduled for Saturday, November 19, at 4:00 p.m. Attendance at a 4th Day Seminar is required in order to sponsor pilgrims, and highly recommended for those who wish to team.



Southern Maryland Emmaus Community Reunion & Accountability Groups

The Reunion Group Coordinator, Clark Holmes, would like to hear about any active Groups in Southern Maryland. If you are having difficulty finding a Reunion Group, contact Clark Holmes, janmhol@verizon.net. Experience the 4th Day feeling with your fellow Emmaus travelers.

Bethel UMC, Upper Marlboro
Men Wednesday - 6:00 p.m.
Women Wednesday - 6:00 p.m.

Calvary UMC, Waldorf
Men Tuesday - 7:15 p.m.
Women Thursday - 5:00 p.m. (Panera's)

First UMC, Laurel
Men Saturday - 7:00 a.m.
Women Saturday - 8:30 a.m.
Men Sunday - 12:30 p.m.
Women Sunday - 6:30 p.m.

Lexington Park UMC
Men Thursday - 12:00 p.m.
Women Thursday - 12:00 p.m.

Waters UMC, St. Leonard
Pastors Tuesday - 1:00 p.m.

Common Grounds Coffee Shop, Pr. Frederick
Men Friday - 7:30 a.m.
Women Friday - 6:15 a.m.

Lexington Park UMC, Lexington Park
Men Sunday - 6:00 p.m.
Women Sunday - 6:00 p.m.

Good Shepherd UMC, Waldorf
Women Tuesday 7:30 p.m.
Call 301-653-7570 for directions (not at church)

Southern Calvert County Region
Southern Pines Community Center Senior's Lounge
Women Saturday - 9:00 a.m.

Living Springs Christian Fellowship, Bowie
Co-ed Tuesday - 6:00 p.m.

La Plata UMC, La Plata
Women Tuesday 12:00 p.m.
Men Tuesday 1:00 p.m.

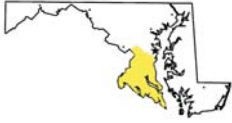
www.somdemmaus.org

Have you registered yet? You need to register in order to access the members only area of our new website. This area will have items of interest to our members, as well as profiles of all those who have registered. Let us know what you would like to see in the members area as well as the public areas of the site. Register today.



On The Path

Deadline for next issue is November 2, 2005. The preferred method of submission is as an MSWord document file or a WordPerfect file sent via e-mail to the following address: Newsletter@somdemmaus.org. Very short articles or notes may be sent in the body of the e-mail message. Please send your comments and recommendations as well to the editor, Dan Brennan, at the e-mail address above.



Southern Maryland Emmaus - Leadership & Service



Board of Directors

Personal information contained in this newsletter is intended for Emmaus activities only, and will not be released to other organizations for any reason.

Marilynne Landweer <i>Board Chair</i>	301-374-9333	mlandweer@verizon.net
Henry Rowe <i>Vice Chair</i>	301-769-4637	Roweh@charlescounty.org
Jane Beswick <i>Secretary</i>	301-934-5344	jbeswick@aaahawk.com
John Carns <i>Treasurer</i>	301-645-4534	Carns@comcast.net
Jacque Benjamin <i>Childcare/Historian</i>	410-257-2595	jacque.benjamin@gmail.com
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Ruth Dixon <i>Registrar</i>	410-326-3821	mese22@olg.com
Lynn Glassbrook <i>Spiritual Director</i>	410-414-8109	revlynng@comcast.net
Charles Harrell <i>Asst. Spiritual Director</i>	301-947-4657	charles@faithworkshere.com
Roy Downs <i>Pilgrim Selection</i>	301-994-1110	Downsrw@atc-ls.stinigoes.navy.mil
Len Lent <i>Event Coordinator</i>	301-475-8207	mlent@hotmail.com
Diane Walker <i>Agape Coordinator</i>	301-862-9280	Redruth@mindspring.com
Linda Flanagan <i>Gatherings</i>	301-645-1375	lflanagan@ccboe.com
Clark Holmes <i>Director at Large</i>	401-798-8393	Janmhol@verizon.net
David French <i>Music Director</i>	301-705-7758	frenchda99@aol.com
Laura Yax <i>Team Selection Chair</i>	410-535-4665	lkyax@comcast.net
Janet Goodwin <i>Director at Large</i>		janet.goodwin@navy.mil
Alan Wilkerson <i>Director at Large</i>	301-705-6814	Larry.A.Wilkerson.uscg.mil LWilke1@aol.com

On The Path

Is the newsletter of the Southern Maryland Emmaus Community. Published monthly by e-mail, distributed by the Point of Contact for each participating church, and available on the Southern Maryland Emmaus website.

Southern Maryland Emmaus is affiliated with the International Emmaus Movement of The Upper Room, Nashville, Tn. Emmaus is a program offering of Upper Room Ministries of The United Methodist Church. Our purpose is to inspire, challenge, and equip church members for Christian Action.

Please contact the POC for your church as listed in this newsletter if you are not receiving the newsletter. If your church does not currently have a POC, please prayerfully consider volunteering for that role.

Contact the Editor if you need a copy sent via snail mail.

Critical Needs for Upcoming Walk

Drop-in Volunteers are still being recruited, especially for the following times:

Thursday, November 3

Noon – 4 p.m. and/or 4 – 8 p.m.
(Men needed for set-up)

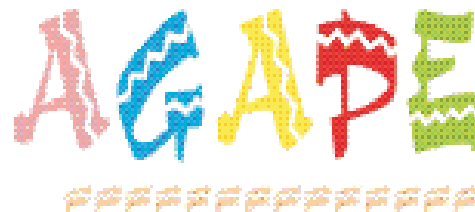
Friday, November 4

Anytime between 8 am. – 8 p.m.

Sunday, November 6

Anytime: 1 p.m. through Closing & final clean-up

Contact Sandi Hauenstein at sandi@hauenstein.com to sign-up.



Also, please sign-up to pray on the 72-hour prayer Vigil at:

<http://3dayol.org/Vigil>

Thank you!
Diane Walker/Agape Coordinator

By-Law Change to “ARTICLE V. COMMITTEES”

The Board of Directors would like to change this article of the By-Laws so that it is in alignment with the current Board committees. In order to change the By-Laws, Article VII states that we need to circulate the change to the Community via the Community Newsletter. If 25 community members object to the new amendment, then it will not be adopted. Any objections must be received within 60 days of the mailing of the Newsletter.

The changes include the following:

Entertainment will fall under Agape Support, since this is a Weekend activity. The following will be combined to form the **Communication** Committee: Newsletter, Directory, E-mail/POC, and Web/Board Liaison. New committees will include **Pilgrim Selection** and **Fourth Day Seminar**. The Pilgrim Selection Committee will be responsible for ensuring the criteria for selecting pilgrims, including the Equal Commitment Rule (see elsewhere in this Newsletter for the ECR), is being followed. The Fourth Day Seminar Chair will be responsible for the coordination of the Fourth Day Seminar.

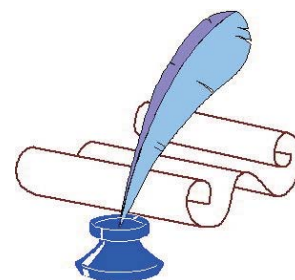
Current wording:

“Section 1. The Board of Directors shall name individuals to chair the following committees: Gatherings, Registration, Group Reunions, Team Selection, Newsletter, Music, Entertainment, Event Coordinator, Directory, E-mail/POC, Childcare, Web/Board Liaison, Agape Support, and any other

committees that the Board deems necessary. Committee chairs serve at the pleasure of the Board and are accountable to the Board of Directors.”

New wording:

“Section 1. The Board of Directors shall name individuals to chair the following committees: Gatherings, Registration, Group Reunions, Team Selection, Pilgrim Selection, Communication, Music, Event Coordinator, Child Care, Agape Support, Fourth Day Seminar, and any other committees that the Board deems necessary. Committee chairs serve at the pleasure of the Board and are accountable to the Board of Directors.”





Southern Maryland Emmaus - Leadership & Service

Most Southern Maryland Committees are chaired by members of the Board of Directors, but service on those committees is open to all community mem-

AGAPE Support	Diane Walker	Newsletter	Dan Brennan
Child Care	Jacque Benjamin	Prayer Partner Coordinator	Jan Holmes
Community Historian	Jacque Benjamin	Prayer Vigil Coordinator	Kay Priest
Event Coordinator	Len Lent	Registrar	Ruth Dixon
Comm. Spiritual Director	Lynn Glassbrook	Reunion Group	Clark Holmes
Entertainment	Diane Walker	Team Selection Coordinator	Laura Yax & Linda Flannigan
Facility Representative	John Carns	Fourth Day Seminar	Board Reps from walks
Gathering Coordinator	Linda Flanagan	Pilgrim Selection	Laura Yax Roy Downs
Supply	Dru McLaughlin	Music Director	Janet Goodwin/David French
Comm. Lay Director	Marilynne Landweer	Sponsorship	Alan Wilkerson/Len Lent

**Communications includes e-mail, P/POC, Web, Directory and Newsletter sub committees*

Childcare Opportunities

Hello all, my name is Jacque Benjamin and I walked my weekend at Channel Island's, #6, in California in 1993 and sat at a table. Clap. Wow is even more fun on paper.

I'm here now at Southern Maryland Emmaus as a board rep and one of my duties is to arrange for child care for our events, such as gatherings, candlelight and closings for both men and women's weekends. I would like to see this not be a hardship on anyone. If everyone contributed, no one would be doing it more than once a year. To make things even better we are asking that if you know of anyone that would like to earn \$10 an hour and would be willing to come to where the functions are we would like to know about them. Maybe you know someone at your church, who maybe works with the nursery and would like to earn a few extra dollars. All we ask is that they be over 18. We would also like to have a helper during those times when there are more than just a few children. If we hire someone outside the community then we can all participate in the functions.

I will not be at the October meeting but would really appreciate anyone who can to sign up for child care or supply the name of a person who may be interested. A note, while we had our weekends at West River I had asked one of our church members if she would be in-

terested in coming and watching the children during candlelight and closing. She agreed and therefore we have had her set up for several of the walks. She is going to be doing child care for the upcoming women's weekend so that is taken care of. However, since we are moving our weekends to a new place in 2006 I will need recruits for the 2006 weekends. Please keep this in mind and think about someone you may think would be interested near our new grounds.

One last thing; I am looking for someone for child care at the 4th day meeting and gathering in November. As I feel it is important for all team to be with the new pilgrims, I would like to have a non team person do child care. Please help us out.

In Christ's love, bring the children.

Jacque





Southern Maryland Emmaus - Prayer Points of Contact

This is the person to contact for newsletter distribution

***If your church is not listed, please volunteer to be the Prayer POC
send your name, e-mail address and telephone to newsletter@somdemmaus.org***

Calvary UMC	Phil Landweer	Phil.landweer@verizon.net	301-374-9333
Cedar Grove UMC	Jacque Benjamin	jfbnjzb@quixnet.net	410-257-2595
Emmanuel Baptist	Dick Fogg	upper12_4us@peoplepc.com	410-257-5015
Emmanuel UMC	Lynn Glassbrook	revlynn@comcast.net	410-414-8109
Christ Episcopal Church	Mary Kercher	Mkercher@aol.com	301-934-5813
Corkran Memorial UMC	Stanley Harrell	sharrell@crosslink.net	301-449-6037
Faith Bible Church	Carol Lanzi	cblanzi2@verizon.net	301-862-9521
Faith UMC (Rockville)	Cindy Matter	cindymatter03@aol.com	301-926-7830
First UMC (Laurel)	Dave Meixner	themeixners@comcast.net	301-498-1728
Good Shepherd UMC	Linda Flanagan	lflanagan@ccboe.com	301-645-1375
Bethel UMC	Jan Holmes	janmhol@verizon.net	410-798-8393
Indian Head UMC	Melvin Grover	becky.grover@c21nm.com	
La Plata UMC	Bonnie Thompson	bonbri@comcast.net	301-934-4321
Leonardtown Baptist Church	Carol Lanzi	cblanzi2@verizon.net	301-862-9521
Living Springs	Donna Young	dmy_psych@comcast.net	
Lexington Park UMC	Sandi Hauenstein	Sandi@hauenstein.com	301-994-3363
Marbury Baptist Church	Denise McConnell	dmcconnell@earthserve.com	301-743-6995
Olivet UMC	Sue Shorb Sterling	sues@intergate.com	410-394-0773
St. Paul UMC (Lusby)	Ruth Dixon	mese22@olg.com	410-326-3821
St. Paul's UMC (Leonardtown)	Carol Lanzi	cblanzi2@verizon.net	301-862-9521
Shiloh UMC	Ron Brown	norrebel@comcast.net	
Smithville UMC	Kathy Massaro	emmaus93@comcast.net	410-257-1953
Trinity UMC	Traci Conklin	TRConklin@comcast.net	
Trinity Baptist Waldorf)	Karen Smith	musicladykaren@yahoo.com	301-274-2504
Waters Memorial UMC	Dru McLaughlin	Lf1640@chesapeake.net	410-535-4313

Please Review

Please review the list above and help us to insure that your church is properly represented by an Prayer Point of Contact. If you spot errors or omissions, please e-mail the corrections to: communications@somdemmaus.org.



“Whatever you do, work at it with all your heart, as working for the Lord, not for men, since you know that you will receive an inheritance from the Lord as a reward. It is the Lord Christ you are serving.” (Colossians 3:23-24)

ends are due Nov. 19th, so get those applications in NOW!

We are contacting our District Representative to request training for our Community. In the near future, we will be visiting Melwood, along with the Spring WLDs, to work out the logistics of the weekend. This will be one of our most exciting and challenging tasks this year. We are looking forward to having our weekends at Melwood – we will have the facility to ourselves and will be able to adjust the meal schedule to accommodate our schedule.

This month, I am going to update you on what the So. Md. Emmaus Board has accomplished over the past few months. Before I begin, however, I would like to thank our Community for electing such an awesome Board! Thank you!

These are just some of the many things we are working on. We are here to serve you and the Community. If you have ideas to improve our Community, please contact one of the Board members (Board members are listed in this Newsletter). Remember that we cannot have Community without YOU. Please attend Gathering, Candlelight, and Closing to support YOUR Community. I have often said, Emmaus is the Body of Christ in action. We all are a part of this Body – have you been a missing part? If so, we are not whole. Our Board is working hard, but we need your support. Your presence at Community events shows your support and encourages the Board. Please attend the next Gathering on October 15th. Bring a snack and come to Fellowship Hour – you will be glad you did!

Last month, before we began our meeting, we worshiped our Lord with a praise song and then we had a brief Board training session. We went over the responsibilities of Board members and were reminded that we are here to serve our Lord and Savior and our Community. I plan to continue starting our Board meetings with worship and training to set the tone for the meeting and to keep our focus on Christ.

Over the past three months, we have been very busy trying to fill all of our Board positions and as of last month, we now have a full Board. Praise God! We have elected a Board member to each Board committee and are now in the process of reviewing our job descriptions, rewriting some of them, and writing those that have not been written. Hopefully, this will be helpful for future Board members. We are also in the process of changing Article V of the By-laws (see the article with the change in this Newsletter), so that we are operating in accordance with them.

Additionally, we are working toward improving sponsorship, reviewing all the Board Rep reports from each weekend (so we can improve our weekends), restructuring Board Team Training, and improving overall communications. We are also reviewing and revising the time frames for selecting weekend lay directors, cadre, team members and pilgrims. We already have a men’s weekend lay director for the Spring. As of this writing, I am waiting for a response for the Women’s weekend lay director. I hope to introduce both of them at the October Gathering. By the way, team applications for both Men and Women’s Week-

Marilynne Landweer

Upcoming Dates

Team applications are needed for the Spring walks now, Please pray about whether God is calling you do serve and if the answer is yes, fill out the revised team application found on www.somdemmaus.org.

Nov. 19, 2005 Team Applications due for Spring Walks

- Walk #19 - Men - April 20-23, 2006
- Walk #20 - Women - April 27-30
- Walk #21 - Men - October 12-15
- Walk #22 - Women - October 19-22

Equal Commitment - What Does It Mean? by Randy Headrick

The Fall 2005 men's walk was canceled for lack of pilgrims. 70.8% of the women who applied for the Fall 2005 women's walk are married, but their husbands have not walked nor submitted an application. Is the equal commitment idea practiced? What is the equal commitment, you ask? According to the Walk to Emmaus Handbook:

"The Letter of Agreement states that "husbands and wives are encouraged to make an equal commitment to participate." How are communities to interpret this? The rule does not mean that Emmaus primarily focuses on married persons. Single persons are as welcome to participate in Emmaus as married couples. However, the rule does reflect a concern and hope about the effect of Emmaus on marriages and families.

First, the equal participation rule guards against the Emmaus experience becoming a divisive influence in a marriage. The rule is based on years of experience with the potential effects - both positive and negative - of these short courses in Christianity on marriages. Emmaus can be the occasion for commitments to new life directions that one's spouse may not understand or appreciate at the time. Disregard for the rule may not result in marital tensions. But the Emmaus Movement attempts to strengthen marriages and to avoid prac-

tices that have the potential to affect a marriage adversely.

Second, when the rule is followed, Emmaus can indirectly strengthen the spiritual bond in a marriage and family. So sponsorship of married persons involves approaching both husband and wife together and encouraging them to make an equal commitment to participate. In this way they can grow together as a Christian family while actively supporting the Emmaus Movement and the church as families.

Third, the equal commitment rule results in increased participation of many grateful husbands and wives (usually husbands) who probably would not have attended an Emmaus weekend otherwise but did so in order to make it possible for their spouse to participate. While their initial motivation for going on a Walk may not have been personal, they came to realize in the course of the Walk that the three days was meant for them."

Before we approach a potential pilgrim, are we in prayer? When we do approach a potential pilgrim who is married, are we including the spouse in the invitation? Are we providing an opportunity to share about the Walk, and why both would be wise to consider it?

Communications News

Hi Folks, thanks for reading the October Southern Maryland Emmaus Community Newsletter "Along the Path" We want to keep you up to date on the events and issues that affect the Southern Maryland Emmaus Community. I hope you find these newsletters a valuable part of your Fourth Day experience please support us with articles of your own and suggestions on how we can make the newsletter and the web pages even better. You can send your articles directly to Dan Brennan at newsletter@somdemmaus.org and send your suggestions directly to me at communications@somdemmaus.org. Dean Gass is our web designer and has done a great job getting us started. Visit our site at <http://www.somdemmaus.org> and let us know what you think!

It has been a busy month in the Headrick household and I feel like I missed out when I wasn't in town for the last gathering. I work for the Government and we have been a part of the rescue efforts by working to restore

the networking and communications for the rescue workers in Mississippi, Texas, Florida and Louisiana. Almost all landline phones, cell towers and internet based network services were down in Louisiana and we sent over 800 Air Guard members from all 50 states down to help restore communications so the civil and military rescue workers could do their jobs.

The death and destruction were overwhelming, and the suffering of the folks, especially in New Orleans, really makes us stop and count our own blessings. In comparison to the millions of folks in the Southern states today I have NO problems. Now that the brunt of the disaster is over I know many civic and religious organizations are gearing up teams to go down and help. They will all need our financial and prayer support to get their jobs done.

Randy Headrick
Communications Director



"Walk in the Light" - Southern Maryland Emmaus
Visit us on the web at www.somdemmaus.org

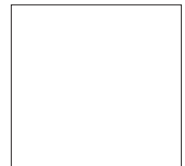
"Were not our hearts burning within us while He was speaking to us on the road, while He was explaining the Scriptures to us?"

Luke 24:32

Information on the Southern Maryland Walk to Emmaus, as well as pilgrim and team applications may be found on our website:
www.somdemmaus.org

On the Path

1005 Norfolk Dr.
La Plata, Md. 20646



Time Sensitive Material