



# On the Path



The Newsletter of the Southern Maryland Emmaus Community

September, 2005    Walk In the Light    Volume 5 Issue 9

## A Chrysalis Story

Hello, my name is Alan Hemming and I attend Lexington Park United Methodist Church. I flew on Chrysalis 44 and sat at the Children of God table. CLAP!!!! (I always wanted to do that).

How am I supposed to explain Chrysalis? How should I word this? It was the best, coolest and funniest experience of my life. My flight was in February 2005 and it is still fresh in my mind. I mean, have you ever seen 50 teens so into God that we're dancing? It was the coolest feeling I have ever had and you could tell the Holy Spirit was with us.

When I went to Chrysalis, my expectations were very high. Everybody that had gone on Emmaus loved it, so I really did expect crazy people in tie-died shirts shouting and screaming in my ears. I kind of thought that I wouldn't have fun; back then I didn't think praise music and worshiping was that great. Well, I was sort of right; I met some crazy people. They actually forced me to like, no love, praise music. The MANY talks were good because a good half of them were by people my age. People, I had fun worshiping God!!!! The part of Chrysalis that most touched me was the mail. I guess when I was going into the weekend I was trying to find out if anybody but God and my parents loved me. I found out that so many people loved and they recognized me as a close family member. Trust me, if you count me as a family member, you're kind of crazy. But they love me for that. It was also really cool getting close to the rest of the group. What really connected the group was dying moments because we were there to help each other. I also got closer to the two girls who were there from my church.

So what am I exactly trying to say? I would definitely encourage that you send a teen to Chrysalis. It will change their lives forever. After they fly (walk), they can sponsor other teens. The flight taught me many things and about a month after my flight, something bad happened in my life (really bad). If I hadn't gone on Chrysalis, I wouldn't have been able to handle the situation. It will help teens get through life. You haven't seen nothing yet!!! Fly with Christ!!!



### 2006 Walks Scheduled

**Weekends in 2006 will be at  
The Melwood Retreat Center**

**April 20 -23 Men's Weekend  
April 27 -30 Women's Weekend**

**October 12 - 15 Men's Weekend  
October 19 - 22 Women's Weekend**



## Fall Walks

### Men's Walk # 17 - Cancelled

Regrettably, the Men's Walk had to be cancelled due to insufficient pilgrim applications. Those received will be carried over to the Spring Walk. Please prayerfully consider sponsoring in the Spring.

### Women's Walk # 18 - Nov. 3 - Nov. 6

Weekend Lay Director: Sara Martin

**This Week: 9/12/05**

**Emmaus Community Stats**  
**138 Weekends in**  
**31 States and**  
**4 Countries**  
**88 Women's Weekends and**  
**50 Men's Weekends**



**Sign up to pray for**  
**our walks (and others)**  
**online at:**  
**[www.3dayol.org/Vigil/](http://www.3dayol.org/Vigil/)**

**Pilgrim and Team Applications and this newsletter**  
**may be downloaded from the web at [www.somdemmaus.org](http://www.somdemmaus.org)**  
**CLICK on "About Us" then CLICK "Documents"**



## Recurring Events of the Southern Maryland Emmaus Community

Events are held at Calvary United Methodist Church unless otherwise indicated  
3235 Leonardtown Road, Waldorf, Maryland

**Gatherings: 7:00 p.m. Fellowship 6:00 p.m. Next Gathering - September 17.**  
Gatherings are held monthly on the 3rd Saturday. The next Gathering will be September, 2005 at Calvary United Methodist Church in Waldorf.

**Board of Directors Meeting: 3:30 p.m September 17, 2005**

Board meetings are held prior to the Gathering on the 3rd Saturday of each month. The next board meeting will be September 17.

### 4th Day Seminars

The 4th Day Seminars are held in the spring and in the fall following the men's and women's walks. The next seminar is scheduled for Saturday, November 19, at 4:00 p.m. Attendance at a 4th Day Seminar is required in order to sponsor pilgrims, and highly recommended for those who wish to team.



## Southern Maryland Emmaus Community Reunion & Accountability Groups

The Reunion Group Coordinator, Valerie Arends, would like to hear about any active Groups in Southern Maryland. If you are having difficulty finding a Reunion Group, contact Valerie Arends, varends@comcast.net. Experience the 4th Day feeling with your fellow Emmaus travelers.

Bethel UMC, Upper Marlboro  
Men Wednesday - 6:00 p.m.  
Women Wednesday - 6:00 p.m.

Calvary UMC, Waldorf  
Men Tuesday - 7:15 p.m.  
Women Thursday - 5:00 p.m. (Panera's)

First UMC, Laurel  
Men Saturday - 7:00 a.m.  
Women Saturday - 8:30 a.m.  
Men Sunday - 12:30 p.m.  
Women Sunday - 6:30 p.m.

Lexington Park UMC  
Men Thursday - 12:00 p.m.  
Women Thursday - 12:00 p.m.

Waters UMC, St. Leonard  
Pastors Tuesday - 1:00 p.m.

Common Grounds Coffee Shop, Pr. Frederick  
Men Friday - 7:30 a.m.  
Women Friday - 6:15 a.m.

Lexington Park UMC, Lexington Park  
Men Sunday - 6:00 p.m.  
Women Sunday - 6:00 p.m.

Good Shepherd UMC, Waldorf  
Women Tuesday 7:30 p.m.  
Call 301-653-7570 for directions (not at church)

Southern Calvert County Region  
Southern Pines Community Center Senior's Lounge  
Women Saturday - 9:00 a.m.

Living Springs Christian Fellowship, Bowie  
Co-ed Tuesday - 6:00 p.m.

La Plata UMC, La Plata  
Women Tuesday 12:00 p.m.  
Men Tuesday 1:00 p.m.

[www.somdemmaus.org](http://www.somdemmaus.org)

**Have you registered yet?** You need to register in order to access the members only area of our new website. This area will have items of interest to our members, as well as profiles of all those who have registered. Let us know what you would like to see in the members area as well as the public areas of the site. Register today.



## On The Path

Deadline for next issue is October 2, 2005. The preferred method of submission is as an MSWord document file or a WordPerfect file sent via e-mail to the following address: Newsletter@somdemmaus.org. Very short articles or notes may be sent in the body of the e-mail message. Please send your comments and recommendations as well to the editor, Dan Brennan, at the e-mail address above.



## Southern Maryland Emmaus - Leadership & Service



### Board of Directors

*Personal information contained in this newsletter is intended for Emmaus activities only, and will not be released to other organizations for any reason.*

Marilynne Landweer <i>Board Chair</i>	301-374-9333	mlandweer@verizon.net
Henry Rowe <i>Vice Chair</i>	301-769-4637	Roweh@charlescounty.org
Jane Beswick <i>Secretary</i>	301-934-5344	jbeswick@aaahawk.com
John Carns <i>Treasurer</i>	301-645-4534	Carns@comcast.net
Jacque Benjamin <i>Childcare/Historian</i>	410-257-2595	jfbnjzb@quixnet.net
Randy Headrick <i>Communications</i>	301-475-3278	RDHeadrick@usa.net
Ruth Dixon <i>Registrar</i>	410-326-3821	mese22@olg.com
Lynn Glassbrook <i>Spiritual Director</i>	410-414-8109	revlynng@comcast.net
Charles Harrell <i>Asst. Spiritual Director</i>	301-947-4657	charles@faithworkshere.com
Roy Downs <i>Pilgrim Selection</i>	301-994-1110	Downsrw@atc-ls.stinigoes.navy.mil
Len Lent <i>Event Coordinator</i>	301-475-8207	mrlent@hotmail.com
Diane Walker <i>Agape Coordinator</i>	301-862-9280	Redruth@mindspring.com
Linda Flanagan <i>Gatherings</i>	301-645-1375	lflanagan@ccboe.com
Clark Holmes <i>Director at Large</i>	401-798-8393	Janmhol@verizon.net
Vacant <i>Music Director</i>		
Laura Yax <i>Team Selection Chair</i>	410-535-4665	lkyax@comcast.net
Janet Goodwin <i>Director at Large</i>		janet.goofwin@navy.mil
Alan Wilkerson <i>Director at Large</i>	301-705-6814	

### On The Path

Is the newsletter of the Southern Maryland Emmaus Community. Published monthly by e-mail, distributed by the Point of Contact for each participating church, and available on the Southern Maryland Emmaus website.

Southern Maryland Emmaus is affiliated with the International Emmaus Movement of The Upper Room, Nashville, Tn. Emmaus is a program offering of Upper Room Ministries of The United Methodist Church. Our purpose is to inspire, challenge, and equip church members for Christian Action.

Please contact the POC for your church as listed in this newsletter if you are not receiving the newsletter. If your church does not currently have a POC, please prayerfully consider volunteering for that role.

Contact the Editor if you need a copy sent via snail mail.



God sacrificed his only Son, the ultimate gift of love. Out of humbleness and gratitude we are compelled to show this extravagant love to others. Have you prayed about what agape you will show to the pilgrims and team of Southern Maryland Walk to Emmaus #18? Have you considered “how sacrificial” it is? Will you sacrifice time, money, comfort, joy, or acknowledgment? Join me in considering new ways in which to support this upcoming Walk. Some possibilities might be:

- Make a baked good instead of grabbing something at the grocery
- Write letters to pilgrims and team members
- Skip the joy of Closing to be part of the clean-up crew
- Sign-up at an unpopular time (between midnight and 6:00 a.m.) to pray
- Make plans to be at both community events (Candlelight and Closing)
- Volunteer Thursday to unload supplies
- Be creative in making anonymous agape related to a specific Talk
- Offer child care

## Sacrificial Gifts of Love

- Ask to be a prayer partner for a Team member you don't know

There are many ways to show love. Challenge yourself to participate in a fresh way.

Once you've realized what you should do, here are some folks you may need to contact:

PrayerPartners JanHolmes [janhol@aol.com](mailto:janhol@aol.com)  
 PrayerVigil Kay Priest [priestedmk@earthlink.net](mailto:priestedmk@earthlink.net)  
 Volunteers Sandi Hauenstein  
[sandi@hauenstein.com](mailto:sandi@hauenstein.com)  
 Snacks Bruce & Joan MacMillan  
[robertrbmac@aol.com](mailto:robertrbmac@aol.com)  
 Child Care Jacque Benjamin  
[jfbnjzb@quixnet.net](mailto:jfbnjzb@quixnet.net)  
 General Agape Diane Walker  
[redruth@mindspring.com](mailto:redruth@mindspring.com)

May your Agape be “a fragrant offering, an acceptable sacrifice, pleasing to God”.

(Philippians 4:18b)

Diane Walker  
 Agape Coordinator

## Share the Good News...

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How long has it been since your Walk? Whether it's been a decade or a few months, what has kept you on the path to walking with the Lord—or pulled you back? Is it something that requires or builds your Piety? Something that you gained from Studying? Or some Action you are taking? Has the Lord provided you with opportunities, special people, inspiring thoughts or even challenges to lead you forward?

Every one of us has an answer to these questions. We learn from one another. Whether testimony or a true tale, your experience is worth telling—and you're the only one who can tell it! So, step up to the plate and tell us about it. We need a 4<sup>th</sup> Day speaker at each Gathering—we need YOU!

Think about your life since your Walk. Focus on a time or experience that shows how the Lord is working

in your life. Consider how your Weekend affects your feelings or reactions to events. Tell us about it.

We had a great model to follow in the last 4<sup>th</sup> Day Talk. Thanks to Allan Wilkerson for sharing in August his transformation(s) since his Walk. What a powerful story you had to tell, Allan!

Give me a call, send me an email, or sign up at the September Gathering, to ask questions, get information, or to let me know that you are willing to give a 4<sup>th</sup> Day Talk!

Blessings to you,  
 Linda Flanagan  
 (301) 645-1375  
[lflanagan@ccboe.com](mailto:lflanagan@ccboe.com)





## Southern Maryland Emmaus - Leadership & Service

*Most Southern Maryland Committees are chaired by members of the Board of Directors, but service on those committees is open to all community mem-*

AGAPE Support	Diane Walker	Newsletter	Dan Brennan
Child Care	Jacque Benjamin	Prayer Partner Coordinator	Jan Holmes
Community Historian	Jacque Benjamin	Prayer Vigil Coordinator	Kay Priest
Event Coordinator	Len Lent	Registrar	Ruth Dixon
Comm. Spiritual Director	Lynn Glassbrook	Reunion Group	
Communications*	Randy Headrick	Supply	Dru McLaughlin
Entertainment	Vacant	Team Selection Coordinator	Laura Yax
Facility Representative	John Carns	Volunteer Coordinator	Sandy Hauenstein
Gathering Coordinator	Linda Flanagan		
Music Director	Vacant		
Comm. Lay Director	Marilynne Landweer		

*\*Communications includes e-mail, P/POC, Web, Directory and Newsletter sub committees*



## Sponsorship

areth. I am the new registrar for the Southern Maryland Emmaus Community.

At the end of our pilgrim walks, all of us have stood before the community and answered two questions. Most of our replies have carried a common thread. "What has this weekend meant to you?" "A renewed sense of God's love for me." "What do you plan to do about it?" "I want to pass it on." What better way to pass it on than to sponsor a Christian brother or sister for their own weekend and committing to walk beside them during their journey?

The deadline is fast approaching (September 8) for submission of pilgrim applications for this fall's women's walk. Yes, we do have carry-overs from those who were not selected for the spring walk; but there is no guarantee that they will be able to walk this fall. Sadly, the men's walk for the fall had to be cancelled because there were insufficient pilgrim ap-

plications. Is it because you let the deadline slip by? Applications for men and women are accepted all year long; you don't have to wait for a Walk to be on the horizon to nominate a candidate.

It is my opinion that God chooses when it is the best time for each person's "Walk to Emmaus". However, we must do our part by providing names. We have a new Pilgrim Selection Committee that will review the applications and assign pilgrims. Selection criteria will include such things as whether or not a spouse has walked—or has made a commitment to walk—and not overloading any one Walk with too many people from one church. All this will be done prayerfully with God's guidance. He is in control!!!

Don't delay! Do it today! Applications are on the website. The mailing address is still the post office box in Leonardtown.





## Southern Maryland Emmaus - Prayer Points of Contact

*This is the person to contact for newsletter distribution*

***If your church is not listed, please volunteer to be the Prayer POC  
send your name, e-mail address and telephone to [newsletter@somdemmaus.org](mailto:newsletter@somdemmaus.org)***

Calvary UMC	Phil Landweer	Phil.landweer@verizon.net	301-374-9333
Cedar Grove UMC	Jacque Benjamin	jfbnjzb@quixnet.net	410-257-2595
Emmanuel Baptist	Dick Fogg	upper12_4us@peoplepc.com	410-257-5015
Emmanuel UMC	Lynn Glassbrook	lrevlynng@comcast.net	410-414-8109
Christ Episcopal Church	Mary Kercher	Mkercher@aol.com	301-934-5813
Corkran Memorial UMC	Stanley Harrell	sharrell@crosslink.net	301-449-6037
Faith Bible Church	Carol Lanzi	cblanzi2@verizon.net	301-862-9521
Faith UMC (Rockville)	Cindy Matter	cindymatter03@aol.com	301-926-7830
First UMC (Laurel)	Dave Meixner	themeixners@comcast.net	301-498-1728
Good Shepherd UMC	Linda Flanagan	lflanagan@ccboe.com	301-645-1375
Bethel UMC	Jan Holmes	janmhol@verizon.net	410-798-8393
Indian Head UMC	Melvin Grover	becky.grover@c21nm.com	
Leonardtwn Baptist Church	Carol Lanzi	cblanzi2@verizon.net	301-862-9521
Living Springs	Donna Young	dmy_psych@comcast.net	
Lexington Park UMC	Sandi Hauenstein	Sandi@hauenstein.com	301-994-3363
Marbury Baptist Church	Denise McConnell	dmccconnell@earthserve.com	301-743-6995
Olivet UMC	Sue Shorb Sterling	sues@intergate.com	410-394-0773
St. Paul UMC (Lusby)	Ruth Dixon	mese22@olg.com	410-326-3821
St. Paul's UMC (Leonardtwn)	Carol Lanzi	cblanzi2@verizon.net	301-862-9521
Shiloh UMC	Ron Brown	norrebel@comcast.net	
Smithville UMC	Kathy Massaro	emkm@chesapeake.net	410-257-1953
Trinity UMC	Valerie Arends	varends@comcast.net	410-286-3335
Trinity Baptist Waldorf)	Karen Smith	musicladykaren@yahoo.com	301-274-2504
Waters Memorial UMC	Dru McLaughlin	Lf1640@chesapeake.net	410-535-4313

### **Please Review**

**Please review the list above and help us to insure that your church is properly represented by an Prayer Point of Contact. If you spot errors or omissions, please e-mail the corrections to: [communications@somdemmaus.org](mailto:communications@somdemmaus.org).**



“Let us not give up meeting together, as some are in the habit of doing, but let us encourage one another—and all the more as you see the Day approaching” (Hebrews 10:25).

Hebrews 10:19-39 is a beautiful passage on persevering. Dur-

ing your devotions some day, you might want to read this entire passage. Remember the talk on Sunday that the Lay Director gives on “Perseverance?” Often it is so much easier just to give up, but that is not God’s way. Satan would love for us to give up and not hang in there when things aren’t going our way or it seems just too difficult for us to handle. Sometimes the going gets tough, but we have to hang in there – we have to persevere.

Some of you have given up meeting together – you have not been coming to our Gatherings. When you are not present, part of the body is missing and you are very much missed and needed. Some of you may be ill and cannot attend for medical reasons. Some of you may be involved in other activities and just haven’t had the time to attend the Gatherings. Perhaps some of you have been hurt by something someone said or did and you are avoiding Gatherings because of the hurt and pain that has been inflicted upon you. If this has happened, please call me and I will discuss it with you confidentially. We are a young Community and we still have a lot to learn. We make mistakes and, hopefully, we learn from them and try to do things differently the next time. We persevere – we don’t give up!

In verses 32 – 36, Paul states:

Remember those earlier days after you had received the light [remember after your Emmaus weekend], when you stood your ground in a great contest in the face of suffering. Sometimes you were publicly exposed to insult and persecution; at other times you stood side by side with those who were so treated. You sympathized with those in prison and joyfully accepted the confiscation of your property because you knew that you yourselves had better

and lasting possessions. So do not throw away your confidence; it will be richly rewarded. You need to persevere so that when you have done the will of God, you will receive what he has promised.

Please pray about coming to our next Gathering – help us make it the best one yet. We had a lot of snacks at our last Gathering (a special thanks to all who brought something) and we had a wonderful Fellowship Hour before Gathering. So, come at 6:00 pm so you can visit with others who were on your weekend. Find out what has been happening in their lives and continue to support one another. Fellowship Hour and Gathering are times of reunion and celebration. Don’t give up meeting with your Emmaus Community! Persevere!!

De Colores!  
Marilynne Landweer  
Community Lay Director

## Men’s Weekend Cancelled!!

It is with great disappointment that the Board of Directors has had to cancel the upcoming Men’s Emmaus Weekend. We only had a couple of pilgrim applications the day of the deadline. The Board will be reviewing timeliness and will try to better communicate deadlines to the Community. But, we also need the Community’s assistance. We need you to prayerfully submit applications (both Pilgrim and Team) throughout the year. Don’t wait until the last minute to turn in applications – **submit them all during the year**. If someone submits an application and cannot attend, they can let the registrar know when they are called. Then, they can let the registrar know whether they would like to be called for the next weekend. We really need the Community to help us make the weekends happen. Don’t delay - get those applications in NOW!!





## Communications News

Hi folks, I'm Randy Headrick, while many of you may know me as the Community Lay Director for the past year, I have completed my term as Lay Director and Board Chairman and I am now your new

Communications Director. Taking over from a Pro like Dan Brennan will certainly present me with challenges, and I hope to be able to do a good job as your Communications Director for the next year, but I need YOUR help.

Each month the members of the Southern Maryland Board of Directors will be writing articles about what they are doing for you as your Board representatives. Hopefully the news will be current and informative and help you understand what the Board does for you before, during and after your walk. But in addition to those board member's articles we need articles from YOU, the members of the Southern Maryland community. Your articles can be short, and should not be difficult to write. You can write about your walk, your 4<sup>th</sup> day experiences, a team you are or have been on, or anything you can think of that might be of interest to the

community. Please take a few minutes and write an article for us, we want this newsletter to be your newsletter and we need you to help us do that. You can send your articles directly to Dan, he will continue to do the same fine job constructing the newsletter, or send them to me and I will get them to Dan in bulk. Thank you for your help!

As the Communications Director I will be responsible for not only the newsletter but also for our Web page. Again I am asking for some help here. If you have any experience working with web pages, or even if you would like to learn and have some time to give to Emmaus please contact me or Dan Brennan. We would love to have your help and I guarantee you the joy of contributing to the community will be rewarding and beneficial to both you and the other members of the community.

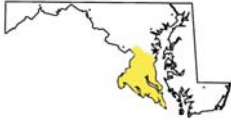
I look forward to the next year's challenges and hope you will help us make Southern Maryland Emmaus even better than it is.

DeColores

Randy Headrick

*And behold, two of them were going that very day to a village named Emmaus, which was about seven miles from Jerusalem. And they were talking with each other about all these things which had taken place. While they were talking and discussing, Jesus Himself approached and began traveling with them.*





"Walk in the Light" - Southern Maryland Emmaus  
Visit us on the web at [www.somdemmaus.org](http://www.somdemmaus.org)

*"Were not our hearts burning within us while He was speaking to us on the road, while He was explaining the Scriptures to us?"*

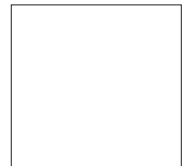
Luke 24:32

Information on the Southern Maryland Walk to Emmaus, as well as pilgrim and team applications may be found on our website:  
[www.somdemmaus.org](http://www.somdemmaus.org)

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### *On the Path*

1005 Norfolk Dr.  
La Plata, Md. 20646



Time Sensitive Material